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TORONTO • WEDNESDAY, APRIL 8, 2009
metronews.ca

Celebrity pg 42

From White Castle to the White House

Prepare for stampede to Calgary

CITIES A report commissioned by the Toronto Board of Trade on global urban prosperity has given Calgary the top mark.

Calgary was awarded an "A" while Toronto tied for fourth with a "C" — the same grade given to cities such as Boston, London and New York.

Vancouver came in eighth and Quebec City placed 10th — both with an overall grade of "C."

The Conference Board of Canada study, which is based on information gathered before the economic downturn, says Toronto is an attractive, livable city, but is languishing economically and is not very competitive.

THE CANADIAN PRESS

Travel pg 24

Adventure on Reunion Island

Food pg 30

Homemade Hot Cross Buns

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Memorial **Remembering Soraya**

LUCAS OLENIUK/TORSTAR NEWS SERVICE

Soraya Nanji's mother, Nimet Allibhai, middle, is comforted by Soraya's former roommates, Tylar Bertie, right, and Lisa Dagg, left, as Soraya's brother, Aly Allibhai, far right, looks on. Soraya Nanji was hit and killed by a truck while crossing at Front Street and Blue Jays Way last week. Friends and family returned to the intersection yesterday to lay flowers.

Battling the bulge

Doctors recommend listing calorie counts on menus

In a bid to fight the rising obesity epidemic, the Ontario Medical Association is calling on restaurant chains and school cafeterias to post calorie counts on the menu along with their prices.

By revealing the caloric content of foods on offer, both adults and children would be better equipped to make healthier choices, the doctors group said yesterday.

"Ontario's doctors are not telling people what they can and can't eat, but when you do eat out, you should know how many calories you are consuming," said OMA president Dr. Ken Arnold.

The OMA is urging the Ontario government to enact legislation on the listing of calories. As well, the group wants a widely disseminated education program — not only in schools, but even in promotional ads on public transit, for instance — to tell consumers what constitutes a healthy daily caloric intake.

"We know that most people consume more calories than they are aware of," Arnold told a news conference. "But even for those who know the importance of calorie intake, this information is currently hard to find."

Dr. Yoni Freedhoff, medical director at the Bariatric Medical Institute in Ottawa, said women should consume about 1,600 to 1,800 calories per day, while men should limit daily intake to about 2,000 to 2,400 calories to maintain a healthy weight. A child's intake would be based on age and weight.

Providing calorie content in school cafeterias is a key component of the OMA proposal since one in four Canadian children are considered overweight or obese, and three-quarters of obese kids grow up to become obese adults.

THE CANADIAN PRESS

Ottawa hitches onto U.S. auto plan

Ottawa is providing nearly $1 billion in guarantees calculated to reassure consumers and parts suppliers that do business with shaky auto companies, most notably General Motors and Chrysler.

Industry Minister Tony Clement said yesterday Canada will follow a U.S. program and guarantee warranties on new vehicles sold by GM Canada and Chrysler LLC.

Tony Clement

But the minister surprised some with his candid admission that the survival of the automakers is no longer assured given last month's decision by Washington and Ottawa to send the two back to the drawing board on their restructuring plans.

"There used to be a phrase in the auto sector, 'too big to fail.' I don't think that phrase exists anymore," said Clement.

"Clearly we want the restructuring plans (at GM and Chrysler) to be approved," he added. "But it's not the only option. We have to ready ourselves for other options, including Chapter 11 in the United States and bankruptcy protection here in Canada."

Clement said the warranty guarantee, which could cost the government up to $185.3 million, gives consumers confidence that if they buy a vehicle from one of the two automakers, the service warranty would be honoured even if the company fails. THE CANADIAN PRESS

MORE AUTO NEWS, PAGE 9.

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STAR ALLIANCE

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USA: ONE-WAY Tango Plus fares from Toronto. Travel must be completed by October 31, 2009.

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$129	$139	$213	$213	$215	$239	$263	$410

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LONDON HEATHROW APRIL 8 – 30, 2009 SEPT. 25, 2009 – OCT. 31, 2009	PARIS APRIL 8, 2009 – JUNE 18, 2009 SEPT. 7, 2009 – DEC. 10, 2009	EDINBURGH[1]/MUNICH[1] FRANKFURT[1] APRIL 8, 2009 – JUNE 1, 2009 SEPT. 3, 2009 – OCT. 21, 2009	SÃO PAULO APRIL 8, 2009 – AUG. 31, 2009	TOKYO JUNE 1, 2009 – AUG. 31, 2009	ZURICH APRIL 8, 2009 – MAY 31, 2009 OCT. 8, 2009 – DEC. 6, 2009	SHANGHAI JUNE 1, 2009 – AUG. 31, 2009	SYDNEY, AUSTRALIA APRIL 8, 2009 – JUNE 8, 2009 JULY 24, 2009 – SEPT. 21, 2009
$187	$233	$297	$304	$314	$340	$385	$649

Fares displayed do not include fuel surcharge of up to $152 each way on International and Sun routes.

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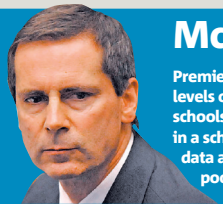
New courthouse slated for city's west end

A streamlined, accessible courthouse serving west-end Toronto is to begin construction within two years, Attorney General Chris Bentley announced yesterday. Acquisition is underway of the old Westwood Theatre lands — where Kipling Avenue, Bloor Street West and Dundas Street West intersect, he said. TORSTAR NEWS SERVICE

Local



McGuinty backs school info website

Premier Dalton McGuinty, left, is defending the use of data on income and immigration levels on a new Education Ministry website designed to help parents compare public schools across Ontario. The opposition says information on the number of new Canadians in a school and on how many children are from low-income families is unfair. It says the data allows parents who are so inclined to make sure their kids avoid going to schools in poor neighbourhoods or ones with large numbers of immigrants. THE CANADIAN PRESS

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Tomorrow's Metro

Movies

Metro will watch and review Canadian Seth Rogen's new film Observe and Report.

metronews.ca
What's online today.

Video Economic woes take a bite out of winter athletes' training in lead up to Vancouver Games at **metronews.ca/canada**

Lotteries

Ontario Pick 3: 9 8 4; Ontario Pick 4 : 8 7 1 8
Encore: 5168367
Daily Keno: 1, 6, 7, 8, 9, 11, 16, 19, 21, 22, 34, 39, 43, 46, 54, 55, 57, 62, 65, 70.
These results are not official.

Heart transplant for baby called off

Parents want dying child to live on in others

The transplant of a dying two-month-old baby's heart did not go ahead as planned last night.

The parents of Kaylee Wallace had said the idea of having their girl's heart live on in another baby was the only comfort they had after learning their child would die.

The infant girl has a rare brain condition that will claim her life and is in Toronto's Hospital for Sick Children, where doctors were prepared to attempt to transplant her heart to a seriously ill infant.

Her parents, Jason Wallace and Crystal Vitelli, said they've already come to grips with the fact that Kaylee will soon die, regardless of whether the transplant goes ahead.

The parents went about their day yesterday assuming it would be the last with their daughter.

Wallace said it was anticipated that Kaylee would fall asleep in the operating room and be taken off life support, which would lead to her death shortly thereafter.

Dr. James Wright, the hospital's surgeon-in-chief, said the hospital would follow a national protocol for the transplant.

The infant was to be taken off breathing support, and if she died within two hours, her heart would be removed, Wallace said.

The heart must stop beating for five minutes before she is pronounced dead. But Kaylee never did fall asleep and doctors called off the transplant surgery.

"She was fully awake in the operating room" in spite of efforts to get her to sleep, Wallace said last night.

THE CANADIAN PRESS

RICK EGLINTON/TORSTAR NEWS SERVICE

Crystal Vitelli, left, and Jason Wallace, parents of dying two-month-old baby Kaylee Wallace, outside Sick Kids Hospital yesterday.

Job creation key to nuke reactor bidding

BIDS The ability to create jobs may play a bigger-than-expected role when Ontario selects a company to build its new nuclear reactors, Premier Dalton McGuinty indicated yesterday.

"What we're saying when it comes to our nuclear bidders is that more than just the price is important to us here," McGuinty said. "What are you going to do for us in terms of employing our people?"

There are currently three companies vying to build reactors at the Darlington nuclear station — U.S. giant Westinghouse Electric Co., France's Areva Group and Crown-owned Atomic Energy of Canada Ltd.

"What we're saying when it comes to our nuclear bidders is that more than just the price is important to us here."
Premier McGuinty

The government has declined to comment on the selection process until it announces the winner in June, but McGuinty said yesterday that any outside bidder should be able to match AECL's domestic employment levels.

THE CANADIAN PRESS

Another arrest in Creba case

SHOOTING Police have made another arrest in the death of Jane Creba, more than three years after the Toronto teen was caught in the crossfire of a gunfight on Boxing Day 2005.

Toronto police announced today authorities in London arrested Dorian Wallace, 27, last month.

Police say extradition proceedings are underway to have Wallace returned to Toronto from England to face manslaughter charges.

Creba, 15, was fatally shot on Dec. 26, 2005 as she shopped among a busy crowd of bargain hunters on Yonge Street in Toronto's downtown.

A 21-year-old known only as J.S.R. has been convicted of second-degree murder in Creba's death. Seven other adults and one youth charged in the case are still awaiting trial.

THE CANADIAN PRESS

Report of guns leads to lockdown of two Brampton schools
Two Brampton schools were locked down yesterday after students reported seeing two people with guns near Treeline Public School. Holy Spirit school was also locked down, but it was later determined there was no threat. **TORSTAR NEWS SERVICE**

Problem gambler files $3.5B suit

The extent to which gaming officials are responsible for keeping gambling addicts out of casinos is at the heart of an eye-popping $3.5-billion lawsuit filed by a Markham man who blew through hundreds of thousands of dollars on slot machines.

In his suit against the Ontario Lottery and Gaming Corp., Peter Dennis argues gaming staff allowed him to keep gambling even though he had authorized them to stop him from entering casinos or throw him out if he went in anyway.

Dennis' inability to stay away from the slots had terrible consequences for him and his family, but senior gaming officials said blaming the "self-exclusion program" for his problems was both dangerous and misguided.

$350K According to the unproven statement of claim, Dennis blew about $350,000 between August 2000 and May 2004 on various slot machines. His health declined, he became depressed and anxious.

The proposed class action filed in Ontario Superior Court and served on the gaming corporation this week suggests the program was a sham that profited from the most vulnerable gamblers. **THE CANADIAN PRESS**

Has Adoption Touched Your Life?

On June 1, 2009, Ontario adoption records will be opened.

visit www.ontario.ca/adoptioninfo

THIS IS AN IMPORTANT REMINDER that if you were involved in an adoption in Ontario, your information and privacy rights are changing.

Effective June 1, 2009, Ontario adoption records will be opened. This means adopted adults and birth parents will be given access to identifying information from birth records and adoption orders.

If the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto to prevent the release of the information.

If you want your identifying information kept private, **you should file a disclosure veto before June 1, 2009.**

No contact notices are also available.

To learn more about your rights to information and privacy regarding adoption, **visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).**

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Ontario

COLIN MCCONNELL/TORSTAR NEWS SERVICE

Barbara Hall

Low marks for response on Asian angler attacks

REPORT Community activists are giving the provincial government low marks for its response to a series of attacks on Asian-Canadian anglers since 2007, despite a report by Ontario's Human Rights Commission indicating the situation has improved.

The commission issued a followup report yesterday to last year's Fishing Without Fear document, which examined a series of 30 attacks on Asian fishermen in various Ontario communities, and said there has been some progress.

"Now members of the affected communities know more about their rights and how to respond to and prevent hate activity," chief commissioner Barbara Hall said in a release. "We hope victims feel more comfortable coming forward and reporting incidents."

A community reference group issued its own report card yesterday, and was far less pleased with the institutional responses.

The group gave only one A in its report card, to York police. Various provincial ministries were given grades of D, while the Education Ministry was given the highest mark for the Ontario government, a B-minus for promising education about anti-racism efforts. **THE CANADIAN PRESS**

News in brief

CHEMICALS Ontario is the first province in Canada to propose legislation that will require big companies to track and report on their use of toxic chemicals, as well as develop plans to cut their use of the substances.

ROADS If the weather co-operates, Pickering's pebble-pelting, roughed-up stretch of Highway 401 between Liverpool Road and Harwood Avenue will be resurfaced in a couple of weeks, says Will MacKenzie, spokesman for the Ministry of Transportation. **METRO NEWS SERVICES**

Quebec Jewish group changes its name
The Canadian Jewish Congress' Quebec branch is changing its name to the Quebec Jewish Congress. Adam Atlas, the wing's new president-elect, says the move better reflects where the group is based and follows rebrandings by other community groups. THE CANADIAN PRESS

Canada

New specs for choppers

The military says specifications for its new Sikorsky naval helicopters include a requirement that the gearboxes be able to run in the event of a serious oil leak. That assurance follows the deadly crash of a civilian Sikorsky S-92 helicopter off Newfoundland last month that appears to have been caused by a gearbox leak.
THE CANADIAN PRESS

Full steam ahead for Kurtz

First female commander of major Canadian warship takes control

Cmdr. Josée Kurtz peered through the rain-flecked window of HMCS Halifax yesterday, smiling as crew busied themselves on the bridge and she prepared to take on a historic role for the Canadian navy.

The veteran navigator became the first woman to command one of the country's major warships, a development she said highlights the progress females have made since they won the right to serve on naval vessels 20 years ago.

"Twenty years ago, having a woman commanding officer was not on the radar screen of any leadership," she said.

MIKE DEMBECK/THE CANADIAN PRESS

Cmdr. Josée Kurtz reads over navigational charts yesterday on the bridge of HMCS Halifax. Kurtz is the first women in the Canadian military to command a major warship.

"I think it's a tremendous achievement that here we are, 20 years later, and somebody has been able to demonstrate that a woman can do the job equally as well as her male counterparts."

Kurtz downplayed the significance of her gender to the 225 crew on board, who she claimed cared little about whether their commander was a man or woman.

> **"My position is significant to many women ... They look up to what I have done."**
> Cmdr. Josée Kurtz

But she acknowledged that her appointment as commander of a navy frigate might help HMCS Halifax's two dozen female crew members and others who may be new to the Forces.

"I see myself as no different," she said. "I do realize, however, that because of who I am and because of my place in time, my position is significant to many women ... They look up to what I have done."

Kurtz's achievement comes almost six years after Lt.-Cmdr. Marta Mulkins became the first commanding officer of any Canadian navy ship, aboard the coastal defence vessel HMCS Kingston.
THE CANADIAN PRESS

Alberta forecasts $4.7-billion deficit

BUDGET Alberta, once the high-flying petro-powered express of Canada's economy, jumped the tracks and crashed yesterday when Finance Minister Iris Evans tabled a budget with a $4.7-billion deficit.

After years of multi-billion-dollar surpluses, the predicted shortfall in 2009-10 is the largest in the province's 103-year history.

Immediate measures include tax increases on tobacco and alcohol, as well as an increase in the education portion of property taxes.

Collapsing energy prices have gutted Alberta's economy and turned 15 years of surpluses into two consecutive red-ink budgets. THE CANADIAN PRESS

Flight student who stole plane wanted to get shot down

ARREST A Canadian flight student charged with piloting a stolen plane into the U.S. in an apparent bid to commit suicide by getting shot down by military jets was described yesterday as an excellent student who didn't seem unhappy.

Adam Leon, 31, was arrested at a convenience store in Ellsinore, Mo., shortly after a pilot landed the single-engine, four-seat Cessna on a rural Missouri road Monday night following a wild scramble involving U.S. F-16 fighter jets.

U.S. federal prosecutors, who have charged Leon with transportation of stolen property and illegal entry, said Leon told them he flew the plane into the U.S. expecting to be shot down.
THE CANADIAN PRESS

Hillier read script: Document

REMARKS The Defence Department prepared carefully scripted remarks for Gen. Rick Hillier to douse a controversy that ignited when he appeared to contradict the Conservative government on the Afghan mission, documents show.

Hillier, then chief of the armed forces, made remarks in subsequent TV interviews that reflected the script — though he insisted yesterday no one told him what to say.

In October 2007, Hillier told reporters at Kandahar Airfield he expected coalition troops would likely stay in Afghanistan for at least another decade.

The statement didn't jibe with the Tories' message.
THE CANADIAN PRESS

News in brief

HEALTH The federal and Ontario governments must address the "open toxic wound" in the remote northern community of Attawapiskat, a fly-in aboriginal community of about 2,500 off the coast of James Bay, and stop ignoring the health implications of fumes wafting through the reserve, opposition politicians and local leaders said yesterday.

TELEVISION The federal cabinet is considering a $150-million fund to help private TV broadcasters who complain they are stretched to the max. Sources close to the cabinet discussions tell The Canadian Press the fund would be specifically geared toward local programming. THE CANADIAN PRESS

Cures for childhood disease now come delicately wrapped in gold foil.

Next time you're at Shoppers Drug Mart, look for our Lindt Gold Bunny display. Lindt will donate $0.50 from the purchase of each 100g Lindt Gold Bunny to HealthyKids Canada – a fundraising initiative dedicated to paediatric research programs across the country.

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healthykidscanada.ca

Vermont legalizes gay marriage

Vermont has become the fourth U.S. state to legalize gay marriage — and the first to do so with a legislature's vote. The Vermont legislature voted yesterday to override Gov. Jim Douglas' veto of a bill allowing gays and lesbians to marry. THE ASSOCIATED PRESS

World

World's oldest person turns 115

The world's oldest known living person celebrated her 115th birthday in Los Angeles Monday. Gertrude Baines was honoured at Western Convalescent Hospital with music, a letter from the U.S. president, and two cakes. Baines said little during the celebration as friends sang to her and she received a proclamation from Guinness World Records acknowledging her as the world's oldest person. THE ASSOCIATED PRESS

Fujimori gets 25 years for death squad

CRIME Former Peruvian president Alberto Fujimori was convicted and sentenced to 25 years in prison yesterday for death squad killings and kidnappings as his government battled the Shining Path insurgency in the 1990s. Outside court, pro- and anti-Fujimori activists fought with fists, sticks and rocks.

Fujimori

The 70-year-old barely looked up, uttering only four words — "I move to nullify" — before smiling and walking out of the courtroom at the Lima police base where he has been held.

THE ASSOCIATED PRESS

Obama visits Baghdad

Flying unannounced into a war zone, U.S. President Barack Obama told U.S. troops and Iraqi officials yesterday it is time to phase out the United States' combat role in a conflict he opposed as a candidate and has vowed to end as commander-in-chief.

Shoes

• Iraq's highest court has reduced from three years to one the prison sentence for an Iraqi journalist who hurled his shoes at former U.S. president George W. Bush.

Iraqis "need to take responsibility for their own country," Obama told cheering soldiers in an ornate, marble palace near Saddam Hussein's former seat of power.

"You have given Iraq the opportunity to stand on its own as a democratic country," he told the troops.

Just hours before he arrived, a deadly car bomb exploded in Baghdad, underscoring the continuing peril despite a recent decline in violence. But the mood was festive as Obama spoke to the troops.

Obama met with top U.S. commanders as well as senior Iraqi leaders on a visit of a little more than four hours that was confined to Camp Victory, the largest U.S. military base.

THE ASSOCIATED PRESS

CHARLES DHARAPAK/THE ASSOCIATED PRESS

U.S. President Barack Obama greets military personnel yesterday at Camp Victory in Baghdad.

Kids accused of murder bid

BRITAIN Two English brothers aged 10 and 11 have been accused of the attempted murder of two other boys. The victims, aged nine and 11, say they were robbed and beaten in an area of fields and woodland in Edlington in northern England Saturday.

The younger victim was found wandering a road covered in blood, while the older boy was discovered semi-conscious nearby. THE ASSOCIATED PRESS

News in brief

BIG MISTAKE A California man accused of selling his 14-year-old daughter into marriage for $16,000, beer and meat has pleaded no contest to felony child endangerment. Marcelino de Jesus Martinez went to police to get his daughter back because payment wasn't made. THE ASSOCIATED PRESS

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Tamil protesters block bridge in London
London police say they have arrested four people after hundreds of Tamil protesters blocked a major bridge beside parliament. THE ASSOCIATED PRESS

Trapped woman's rescue race vs. time

Though trapped by earthquake rubble for nearly two days, Eleonora Calesini was still alive when a powerful aftershock last night threatened to bring the world "crashing down on her again."

Somehow, a pair of fallen reinforced concrete pillars had created a survival space for the 20-year-old student held. And 90 minutes later, firefighters and police pulled Calesini, in her nightgown, conscious from the wreckage.

Francesco Esposito and his fiancee, Angela, an engineering student, were not so lucky. They died in each other's arms in the rubble of L'Aquila's student dormitory. Relatives said Esposito didn't normally sleep in the dorm, but had gone there Sunday to comfort Angela. She had been frightened by several smaller earthquakes that had preceded the 6.3-magnitude temblor that collapsed the building.

The strong tremor that shook quake-hit areas of central Italy yesterday sent rescuers and residents fleeing from damaged buildings in the ravaged medieval city of L'Aquila.

Chunks of concrete dropped from already crumbling buildings and the shock was felt as far away as Rome, 110 kilometres to the southwest. At least one person was killed near L'Aquila.

The official toll from the quake stood at 207 dead, 15 missing and some 1,000 injured. However, ANSA reported it had tallied 228 dead at a hangar being used as a morgue.

THE ASSOCIATED PRESS

Quake toll

- 207 confirmed dead
- More than 1,000 injured, at least 100 in serious condition
- Some 50,000 homeless
- 10,000 to 15,000 buildings damaged or destroyed
- 7,000 rescuers involved

Moldova protests **Age no barrier**

JOHN MCCONNICO/THE ASSOCIATED PRESS

An elderly woman throws a broken stone at riot police inside the presidential palace yesterday in Chisinau, Moldova. Thousands of demonstrators attempted to storm the presidential palace and parliament in a violent demonstration against what they said were fraudulent elections.

Prosecutors face criminal probe

COURT A U.S. federal judge dismissed the corruption conviction of former senator Ted Stevens of Alaska yesterday and took the rare step of opening a criminal investigation into prosecutors in the case.

The judge appointed a special prosecutor to investigate Justice Department lawyers who allegedly mishandled witnesses and withheld evidence from defence lawyers during the month-long trial that ended with Stevens' conviction in October.

The case cost Stevens a Senate seat he had held for 40 years. In a criminal case, the prosecutors could face prison time and fines. THE ASSOCIATED PRESS

World wine consumption falls

RECESSION An industry group says the recession is cutting into wine consumption in traditional lands, but hasn't choked off everyone's thirst. New World drinkers are still sipping steadily and Brazilians "are really starting to believe in the vine."

Consumption fell in all of Europe's major wine-producing and consuming countries, including France, Italy and Germany. But the United States, Canada and Australia saved the day by raising more and more glasses, partially offsetting the European drop.

For the first time, the United States surpassed Italy in terms of total wine consumption, with 27.3 million hectolitres compared with 26 million for Italy, the International Organization of Vine and Wine said yesterday.

THE ASSOCIATED PRESS

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Honduras	15.9 ¢	Chile	2.9 ¢
Panama from	3.9 ¢	Colombia from	3.9 ¢
Uruguay	7.9 ¢	Dominican Rep.	6.9 ¢
Venezuela	2.9 ¢	Mexico from	2.9 ¢

Middle East

Bahrain	5.9 ¢	Kuwait	6.9 ¢
Egypt	14.9 ¢	Oman	17.9 ¢
Iran from	3.9 ¢	SaudiArabia from	3.9 ¢
Iraq from	4.9 ¢	Syria	18.9 ¢
Israel	2.9 ¢	U.A.E.	19.9 ¢

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Comment & Views

Comment

Get your head out of sand

Climate change is not a left-wing conspiracy

TheWestView

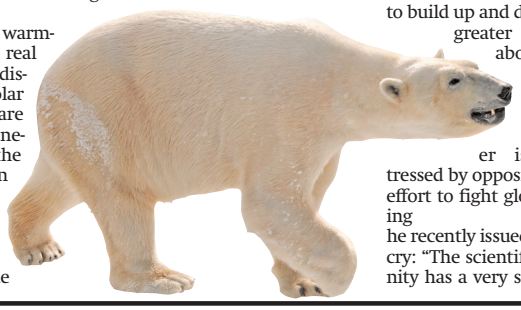
Paul Sullivan

metronews.ca/thewestview

What, I must ask, is the irresistible allure of ignorance?

I understand inadvertent ignorance; I admit to being one of its victims. But willful ignorance is another matter. We're in the middle of an ignorance revival, and I just don't understand what the enthusiasts get out of it.

Take global warming. That it's real is beyond dispute. The polar ice caps are melting! One-third of the summer ice in the Arctic Ocean has melted, and some scientists think the Arctic summer will be ice-free by 2013.



At the South Pole, an ice bridge holding the Wilkins shelf to the continent gave way over the weekend, which means the shelf, about the size of Jamaica, is in danger of sinking into the sea, one of 10 such shelves, some 10,000 years old, now shrinking.

Despite these and a million other signs, global warming deniers persist in seeing the whole problem as some kind of cooked-up left-wing conspiracy to deprive us of our right to drive a Hummer.

This attitude is most firmly entrenched in places like the Frontier Centre for Public Policy, based in Winnipeg, which bills itself as an "independent think tank." I'm glad they cleared that up: It's hard to tell if anyone is thinking by going to their website, where piece after piece dismisses the UN Intergovernmental Panel on Climate Change (IPCC), which won the Nobel Prize for its work on global warming, as some kind of fraud.

For example, it huffs the head of the panel is an economist, not a scientist. So OK, here's a scientist: Dr. Andrew Weaver, a climatologist and lead author of the landmark IPCC report that won the Nobel for "efforts to build up and disseminate greater knowledge about man-made climate change."

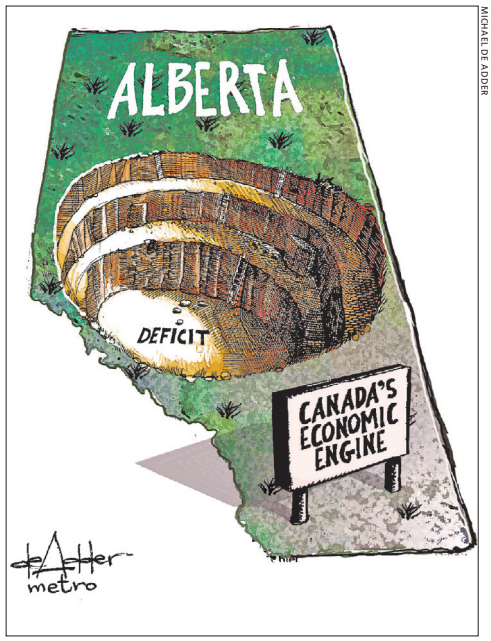
Dr. Weaver is so distressed by opposition to the effort to fight global warming he recently issued an urgent cry: "The scientific community has a very solid understanding of what is causing global warming: It is overwhelmingly because of the combustion of fossil fuels."

Dr. Weaver is alarmed because ignorance is not confined to the right. From the left, "environmentalists" have taken to opposing every effort to switch to alternative, non-fossil fuel sources: Wind turbines allegedly endanger birds, hydro lines cause brain cancer, run-of-river hydro generation kills rivers. Even if it doesn't.

So, although the polar ice caps are melting, although real deal scientists such as Dr. Weaver try to warn us that time is running out to address global warming, we continue to try and argue it out of existence or complain the move to alternative energy has its own issues.

Good, there's that threat dealt with. I'll just stick my head back into the sand, and with any luck I'll be long gone by the time anyone has to reap the heat.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



MICHAEL DE ADDER

Word on the street: How will raising the minimum wage affect the Canadian economy?

Neil Mackay, age 26, Toronto
A: You don't have enough paper for me to answer that. If we do it right, it will totally fix the economy, but as soon as bread goes up 10 cents, we're all (expletive).

Bill Alexander, age 45, Toronto
A: Overall, I do think it's a good idea because it helps new immigrants and uneducated people make their way in society. It costs four bucks just to sit in a cab right now.

Leah Stratigeas, age 18, Toronto
A: I think it will be good for the economy. More money being paid out means that more money will be spent. It will stimulate the economy.

John Daley, age 21, Halifax
A: People are going to spend what they need to spend anyway. I don't think a few cents is going to make a big difference in the long run.

Tom Ross, age 26, Calgary
A: I don't think it will really make a difference because people are already making more than the minimum wage. I don't think it will help, it's not a very big raise.

Stephanie Tsokas, age 35, Vancouver
A: I don't think it will help. People getting paid minimum wage won't see the quality of their lives increase from another dollar.

Letters

Gunning it

Re: Gun control victim in Tories legislation.

In my opinion Ms. Cukier has attempted to cloud the issue of long gun registration in Canada with statements such as "powerful semi-automatic rifles like the one used by Marc Lepine." This surely is meant to draw on people's emotions. Most semi-automatic rifles are in fact less powerful than most hunting rifles.

Who does Ms. Cukier believe the "gun lobby" is? They are ordinary Canadians who believe criminals should be punished and that some of their privileges as citizens of Canada are in danger.

Firearms licensing has been in place in Canada since 1979 for long guns and yes, Canada did try long gun registration during the Second World War. It was not effective and as with the current legislation unpopular.

The statistics Ms. Cukier states may have nothing to do with firearms legislation and more to do with social economic cycles of our country. As she notes, 32 people were killed in 2007. Canada was enjoying a economic high, where as in 1991 we were in an economic downturn.

JOHN MORRISSEY, AIRDRIE, ALTA.

Guns better than Metro

Re: Gun control victim in Tories legislation.

This article has lead me to decide I will no longer be getting any sort of news from Metro as this article is clearly one-sided and a waste of paper.

I noticed how Wendy didn't mention the federal gun registry is illegal as the right to restrict personal property is not the right of the federal government, but the provincial government.

After reading this article I thought was being written by someone close to the gun control movement, she would have at least had most of her facts right.

I would like to thank you for your time and am pleased to inform you your paper is now in the recycling bin so it may be used again for a better purpose.

LEVI KEYS, CALGARY

Metro Online Poll Results

74% SAID YES	Do the risks of printing more money outweigh the benefits? *Weigh in on today's question at metronews.ca*	26% SAID NO

It's your turn to tell others what you think. Email your thoughts and opinions to: torontoletters@metronews.ca

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Goldfarb narrows fourth-quarter loss 9

The Goldfarb Corp., a Toronto-based investment company, says it narrowed its fourth-quarter net loss to $929,000, compared with a net loss of $2.1 million last year. THE CANADIAN PRESS

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Rules create schism

Differences with U.S. hamper auto sector

Canada's auto sector is at a disadvantage because domestic rules for car safety, fuel consumption and the environment differ from American standards, adding compliance costs that manufacturers can no longer sustain, a former free trade negotiator says.

In a commentary by the C.D. Howe Institute, Michael Hart recommends that Ottawa and Washington eliminate regulatory differences and ensure new ones aren't introduced.

Some regulatory differences

- Canada requires day-time running headlights; U.S. doesn't.
- Canadian metric and bilingual standards require unique speedometer and odometer clusters.
- Canada has proposed fuel and emission rules along the U.S. lines, but hasn't adopted compatible fuel-quality standards.

Those differences have arisen over the years as policy-makers on both sides of the border seek to address consumer needs, desires and expectations but take different approaches in doing so, he writes.

While the differences are minimal compared with the schism between North American standards and the rest of the world, once they're in place they're hard to get rid of, Hart says.

THE CANADIAN PRESS

PUMA For two

JIN LEE/THE ASSOCIATED PRESS

Segway Inc.'s Mike Gansler sits in a Personal Urban Mobility and Accessibility, or PUMA, project prototype vehicle in New York's Times Square. Segway and General Motors announced yesterday they are working together to develop the two-wheeled, two-seat electric vehicle designed to be a fast, efficient, inexpensive and clean alternative to cars and trucks in an urban environment.

Canwest reaches agreement with lenders to extend waiver

MEDIA Beleaguered media company Canwest Global Communications Corp. said yesterday it has reached a deal with its senior lenders to extend a waiver of certain borrowing conditions until April 21.

The company also said that during the next two weeks the lenders have agreed to provide additional access to credit availability. Just how much more was not immediately known.

Canwest said based on current cash flow projections it will have sufficient liquidity to continue to operate normally through the period.

Canwest missed a March 15 interest payment of approximately $30.4 million US relating to its outstanding eight per cent senior subordinated notes.

THE CANADIAN PRESS

Business in brief

RULES The Canadian Institute of Chartered Accountants says it won't decide whether changes will be made to mark-to-market valuation (fair-value rules) in Canada until a meeting later this month — despite new rules announced last week in the United States that allow companies some slack over the way they value their troubled securities.

REAL ESTATE Commercial real estate is in for "a very bad year" characterized by high-profile bankruptcies among owners, executives say. David Henry, president of U.S.-based Kimco Realty, said the foreclosure sale of the John Hancock Tower, an iconic skyscraper in Boston, is a sign of things to come. Broadway Partners bought the building for $1.3 billion US in 2006 and it sold for $20.1 million last month.

THE CANADIAN PRESS

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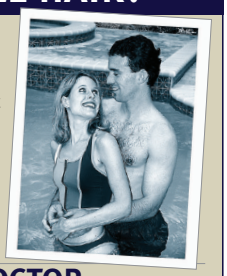

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Case against Tillman pushed back

The sexual assault case against Saskatchewan Roughriders general manager Eric Tillman has been pushed back for two weeks. Tillman was not in court yesterday, but a lawyer appearing on his behalf asked that the case be adjourned to April 21. METRO NEWS SERVICES

Sports

Manu done for season

The San Antonio Spurs' NBA title hopes took a major blow late Monday with the revelation that guard Manu Ginobili will miss the remainder of the season and the playoffs with a right ankle injury that has kept him out of 19 games since the all-star break. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

Jays claw back for victory

AL RESULT

Tigers 4 Blue Jays 5

Rod Barajas hit a sacrifice fly to centre to score pinch-runner Jose Bautista in the bottom of the ninth for a come-from-behind 5-4 Blue Jays win over the Detroit Tigers last night.

The Blue Jays (2-0) were behind most of the game and looked to be finished when the Tigers (0-2) put up a two-spot in the seventh to open up a 3-0 lead. But Scott Rolen started the eighth with a solo shot off Edwin Jackson, his only real blemish on the night, and after a two-out Marco Scutaro single off Brandon Lyon (0-1) put two runners on, Aaron Hill ripped a three-run blast to put the hosts up 4-3.

But that lead was short-lived as B.J. Ryan (1-0) served up a solo shot to Brandon Inge in the top of the ninth to tie things up 4-4. The blown save will only add to the concerns that began during the spring over the drop in Ryan's velocity.

The late drama injected some life into the Rogers Centre, where the Jays experienced their customary Day 2 dip down to 16,790 from 48,027 on opening day. THE CANADIAN PRESS

Beerless baseball

• No alcohol was sold at last night's game, as the Rogers Centre began serving a three-date penalty for liquor licence violations. Unrelated to the ban, there were a handful of fights in the crowd of 48,027 during Monday's opener and play was delayed after fans threw baseballs toward two Detroit outfielders. "That's good," the Tigers' Josh Anderson said of the ban yesterday. "These people can't handle it."

ANDREW WALLACE/TORSTAR NEWS SERVICE

Rod Barajas, middle, is congratulated by teammates after hitting a bases-loaded sacrifice fly to win the game last night.

Hanson, Gerber delay Devils from clinching

NHL RESULT

Maple Leafs 4 Devils 1

BILL KOSTROUN/THE ASSOCIATED PRESS

Christian Hanson, second from right, celebrates his goal with Matt Stajan, Jeff Finger and Tomas Kaberle last night.

The son of one of the notorious Hanson brothers from the movie Slap Shot scored his first NHL goal, and Martin Gerber had 47 saves as the Maple Leafs beat the suddenly inconsistent New Jersey Devils 4-1 last night.

Christian Hanson, the son of former hockey player turned actor Dave Hanson, capped a stunning three-goal first period as the Maple Leafs prevented New Jersey — at least momentarily — from wrapping up its eighth Atlantic Division title, and third in four years.

Mikhail Grabovski, Jeff Hamilton and John Mitchell also scored for Toronto, which won for only the second time in six games.

Gerber had given up 12 goals in his last two starts and the Maple Leafs allowed 14 in the same span.

The goal by the Notre Dame product wasn't a slapshot, however. The 23-year-old, who was playing in his third NHL game, calmly backhanded a rebound of Jason Blake's shot past Brodeur. THE ASSOCIATED PRESS

Sports in brief

NBA Oklahoma forward Blake Griffin has given up his final two years of eligibility and will enter the NBA draft after a sophomore season that ended with him being recognized as U.S. college basketball's top player. Griffin helped the Sooners win 30 games in a season for only the fifth time in school history, shattering the school records for double-doubles and rebounds along the way.

CFL Alondra Johnson, Jim Mills, Rudy Phillips, Glen Weir and longtime Calgary Stampeders director Tony Anselmo are headed to the Canadian Football Hall of Fame. The five will be formally inducted during ceremonies Sept. 24-26.

CIS McGill goaltender Charline Labonte, who helped the Canadian women's hockey team to gold at the 2006 Olympics, and UBC's Annamay Pierse, who broke a short-course world record in the women's 200-metre breaststroke last month, are among this year's nominees for top honours in Canadian university athletics. Other female nominees announced yesterday are Ghislaine Landry of the St. Francis Xavier women's rugby team and University of Guelph runner Lindsay Carson. Marc Rancourt of the Saint Marys hockey team, Laval football lineman Etienne Legare, York soccer player Francesco Bruno and Joel Schmuland of the Alberta volleyball team were nominated on the men's side. THE CANADIAN PRESS

SCOREBOARD

NHL

YESTERDAY'S RESULTS

TORONTO 4 New Jersey 1
Ottawa 3 Boston 2
N.Y. Rangers 3 Montreal 1
Carolina 9 N.Y. Islanders 0
Philadelphia 2 Florida 1
Pittsburgh 6 Tampa Bay 4
Washington 4 Atlanta 2
Chicago at Nashville
Dallas at Minnesota
Los Angeles at Edmonton
Calgary at Vancouver
St. Louis at Phoenix
Colorado at San Jose

NBA

THURSDAY'S RESULTS

Atlanta 118 **TORONTO** 110
Charlotte 101 Philadelphia 98
New Orleans 93 Miami 87 (OT)
Portland 96 Memphis 93
San Antonio 99 Oklahoma City 89
New York at Chicago
Orlando at Houston
L.A. Lakers at Sacramento
Minnesota at L.A. Clippers

MLB

YESTERDAY'S RESULTS

TORONTO 5 Detroit 4
Chicago White Sox 4 Kansas City 2
Boston 5 Tampa Bay 3
San Francisco 10 Milwaukee 6
Atlanta 4 Philadelphia 0
Washington 8 Florida 3
Seattle at Minnesota
Oakland at L.A. Angels
Chicago Cubs at Houston
Pittsburgh at St. Louis
Colorado at Arizona
L.A. Dodgers at San Diego

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Kennedy throws out first pitch at Fenway

Massachusetts Senator Edward Kennedy threw out the first pitch at Fenway Park before yesterday's opener between the Boston Red Sox and Tampa Bay Rays. Kennedy is being treated for a malignant brain tumour. Boston won 5-3. METRO NEWS SERVICES

Double-double by Bosh not enough

NBA RESULT

Hawks 118 Raptors 110

ATLANTA HAWKS vs

CHRIS YOUNG/THE CANADIAN PRESS

Joe Johnson drives for a layup despite the defensive efforts of Anthony Parker last night. Johnson scored 25 points.

Josh Smith had 25 points and seven rebounds as the Atlanta Hawks used 11-for-22 shooting from three-point range to down the Raptors 118-110 at Air Canada Centre last night.

The Hawks (44-34), who have a tenuous grip on the highly coveted No. 4 seed in the Eastern Conference, also got 25 points from Joe Johnson and 17 from Maurice Evans. Mike Bibby added 13 points and 10 assists, while Al Halford chipped in with 15 points and 12 rebounds.

Chris Bosh, with 21 points and 10 rebounds, recorded his eighth consecutive double-double for the Raptors, who lost their second in a row after winning six straight.

It was Bosh's 40th double-double of the season.

Shawn Marion had 18 points and six rebounds, Jose Calderon had 16 points and 13 assists and Andrea Bargnani had 15 points for the Raptors (30-47). Quincy Douby, who came off the bench to lead all Raptors' reserves, had nine points in just eight minutes.

THE CANADIAN PRESS

For more sports coverage visit
metronews.ca/sports

United held to draw by FC Porto

ALEX LIVESEY/GETTY IMAGES

Mariano Gonzalez scores past Edwin van der Sar.

UEFA FC Porto scored a pair of valuable away goals yesterday to earn a 2-2 draw at defending champion Manchester United in the first leg of the Champions League quarter-finals.

Porto substitute Mariano Gonzalez scored the equalizing goal in the 89th minute.

United trailed for the first time in its title defence in the fourth minute when Jonny Evans' poor clearance allowed Cristian Rodriguez to put Porto ahead.

Emmanuel Adebayor scored a second-half equalizer yesterday to give Arsenal a 1-1 draw at Villarreal in its first leg of the Champions League quarter-finals. The second legs will be held April 15.

THE ASSOCIATED PRESS

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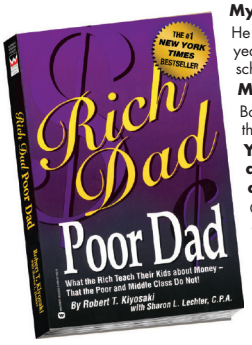

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Metro Workology exclusive: Paws and Claws

This month, Workology will be running our exclusive pet industry feature series, Paws and Claws. If you would like your pet to appear atop the daily Paws and Claws story (like Beau the Spirnger Spaniel here) email douglas.dunlop@metronews.ca

Workology

Big loss at U of T

The University of Toronto reported recently that it lost $1.3 billion on its investments last year. The university has already suspended payouts from endowment funds, which were expected to generate $62 million this year. The 29.5 per cent investment devaluation reflects the fund's large exposure to the equity markets, hedge fund investments, and its current hedging policy. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Managers, staff not in synch for rewards

EMPLOYMENT Many managers underestimate the power of a pat on the back, new research suggests. While supervisors surveyed rated job promotions and cash as the two most valued forms of recognition to administrative professionals, support staff favoured a simple thank-you and having their accomplishments passed on to senior management.

The study was developed by OfficeTeam and the International Association of Administrative Professionals (IAAP) and includes responses from 549 administrative professionals in the United States and Canada along with 300 managers.

Top five forms of recognition (managers' responses)

- 1. Promotion;
- 2. Cash;
- 3. Paid time off;
- 4. Boss shares achievement;
- 5. In-person thank-you.

Top five forms of recognition (staff responses)

- 1. In-person thank-you;
- 1. Boss shares achievement (tied for first);
- 3. Promotion;
- 4. Membership to a professional association;
- 5. Registration for a conference or seminar.

The research also revealed how instrumental recognition is in attracting and retaining professionals, even in a soft economy.

Two out of three (66 per cent) administrative employees polled said they would likely leave their jobs if they did not feel appreciated by their manager.

METRO NEWS SERVICES

Dogged preparation

Avalanche teams prepping rescue pups for Vancouver 2010

Paws and **Claws**

VANCOUVER 2010 **Games**

ALL PHOTOS: JONATHAN HAYWARD/THE CANADIAN PRESS

Seen here are a variety of dogs undergoing aptitude tests to become avalanche dogs for the upcoming Vancouver 2010 Olympic Games.

There are two simultaneous conversations happening these days atop Whistler Mountain.

One is about what life is going to look like there next winter during the 2010 Olympics, the other about the avalanches this winter that have killed 15 people across the province so far.

During the winter months, a group of wind-kissed mountain staff would often trade sarcastic barbs about the Games in between sombre recountings of avalanche situations until eventually came the question everyone was thinking.

"A recent avalanche incident made the international papers," said Tim Boal, a retired RCMP officer.

"Can you imagine if the Olympics was on at the same time?"

Olympic events will be held both in Whistler, B.C., and on Cypress Mountain in North Vancouver.

Over twenty-five hundred athletes and officials, thousands of spectators and thousands more volunteers will be on or near those mountains during the 2010 Winter Olympics.

"There will be a lot of people here and we want this resource to be available," said Boal, who is overseeing dog services for the Olympics.

"RCMP resources will be tied up with other things."

Meet Bree, an apricot standard poodle.

She's one of 18 dogs currently vying for a spot on the all-volunteer avalanche rescue team for the Games.

Though there are police dogs trained for avalanche rescue, most of the canine community will have their noses to the grindstone during the Games, keeping alert for a whiff of danger.

Finding a team of dogs that could work during the Games is how Boal ended up on the top of Whistler testing 14 dogs for their aptitude as search and rescue animals.

Bree is an unusual choice for a rescue dog in a world where hardy German shepherds and rugged retrievers are kings on the snow mound.

But during her beginner training, Bree put some of them to shame.

Her nose just skimmed the crystal snow as she furiously tried to pick up the scent, again and again, of something foreign to the mountain.

The sign she'd found it was her tail.

It changed from a tick-tock twitch to an alarmed waggle until she'd dug through a mound of snow to snap her teeth around the prize, a ratty old sweater.

Passing a series of tests like that will eventually allow Bree, and her handlers, to obtain certification from one of world's most prestigious avalanche dog rescue associations — Canada's.

The association, known as CARDA, is a B.C.-based volunteer group of elite ski patrollers that began 30 years ago to formalize the training program for avalanche rescue dogs.

CARDA's program and reputation is the reason why the RCMP sought it out to provide the dogs for the Olympics.

Getting just basic certification with a dog takes as much as two years, but by the time patrollers reach the level where they can run their own search teams, they're often on at least their second or third canine partner.

The annual certification courses mark the culmination of hours of training handlers also do on their own time.

Those picked for the team will have accommodation and meals paid for and will be on call in case of calamity at any of the three mountain area venues.

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This month, Workology will be running our exclusive pet industry feature series, Paws and Claws. If you would like your pet to appear atop the daily Paws and Claws story (like Marlie the beagle here) email douglas.dunlop@metronews.ca

Keeping your pets purr-fectly content

Paws and **Claws**

BRIAN COULTON
for Metro Canada

When Laura Andrade worked at PJ's Pets, she found visitors to the Toronto pet store came chiefly to one conclusion when it came to leaving their furry friend alone at home: They're going to need a bigger bowl.

"I was like, 'What, do you have a rottweiler? What are you trying to feed?'" she recalls. "When I would ask people, 'Why don't you just get a sitter?' their response was normally that it's too expensive."

Caring for your pet can be costly. Many commercial sitters' daily rates sit around $25 per visit. That's not including other common surcharges like those for key pickup and drop-off, visiting more than one animal in the same home and holiday premiums. With a sitter visiting daily for one week, pet owners could face fees over $200.

At such an exorbitant rate to make sure kitty gets kibble and cleaning, looking for a larger food dish doesn't seem so unreasonable anymore. But Andrade's shock at the risk run by leaving a pet alone without attention urged her to open For Paws House Sitting and Boarding Services eight years ago, to offer economy and assurance to absent pet owners.

"I chose to offer people an alternative to the $25-a-day businesses that are out there and to give them a bit of a break to make sure at least their pets were safe while they were gone," she says.

Andrade charges a fraction of that cost — $15 per day for visiting pets at their home, and $9 daily for boarding others' animals — because she's a low-overhead, one-woman operation. She doesn't deal with dogs, but maintains her rates for cats, small animals like rabbits, exotics like chameleons and birds. When she visits, she tops up a pet's food and water and cleans their litter. But the attention doesn't stop with the animals.

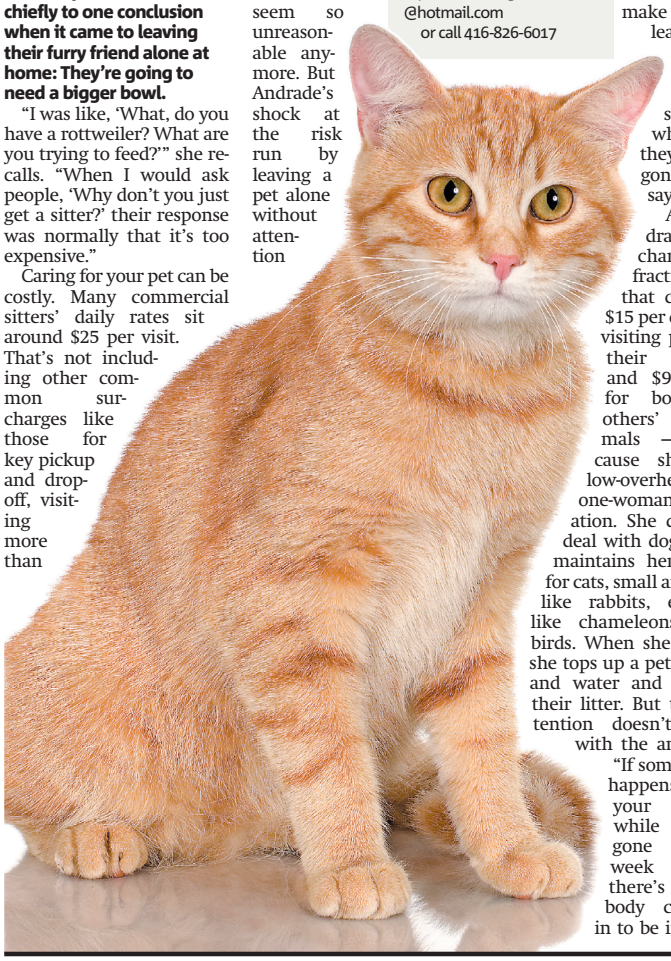
"If something happens in your house while you're gone for a week and there's nobody coming in to be in your house while you're gone, the results can be horrific," says Andrade. One of her client's toilets once backed up while she was pet sitting. With an inch of water on the bathroom floor and no end in sight for the leaking lavatory, Andrade was lucky that she happens to be handy.

"If I hadn't been there, it would have been absolutely insane," she says.

But despite any home horrors that could emerge during one's absence, Andrade maintains her focus on her labour of love — the pets.

"Never mind your home. Things can be replaced, but your pet is the primary concern … The most rewarding part is knowing there are people out there willing to set aside a budget to accommodate their pet's needs, and not just their own."

"I chose to offer people an alternative ... to make sure at least their pets were safe while they were gone."
Laura Andrade



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For more of the Paws and Claws exclusive series check Workology frequently or stop by: **metronews.ca/work**

Metro readers' best friends

As part of the Paws and Claws series

- Metro would like thank everyone who sends in a picture of their pet, we'll try to post as many as we publish throughout the month of April.

Daisy the six-month-old Victorian Bulldog

Lizzie the Shih Tzu with her football

Sadie rocking out on the couch

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The pay scale
According to the Ontario government's Public Sector Salary Disclosure list, McMaster University president Peter George is the highest-paid university president in the province, earning $533,913 last year. METRO NEWS SERVICES

How to get the right severance

WorkplaceLaw

With unemployment rates at a generational high, many employees are asking "how do you win an employment law case?" Here are four tips for the recently departed. If nothing else, following my advice ought to ensure an appropriate severance package, if not more.

"Employees have a tendency to surrender to impulse and sign an inferior severance package only to realize afterwards that more money and protection was available had they just asked."

• Always negotiate:

Recently dismissed employees have a tendency to surrender to impulse and sign an inferior severance package only to realize afterwards that more money and protection was available had they just asked. A termination package is a contract, and like any agreement, it is negotiable. In my experience, companies are inclined to negotiate better terms of severance once legal counsel is visible. Leverage is found in the threat of litigation and the associated costs of defending a claim. Therefore, a lawyer's letter, formulated appropriately, can encourage a better deal. If you have obtained proper advice and your former employer is both knowledgeable and reasonable, there is a stronger chance of resolving your situation at an early stage and with a more favourable outcome.

Don't be intimdated into signing an unfair severance package.

• Strategy:

Dismissal cases are not only about money. They are about psychological stability and strategy. Since the preponderance of lawsuits settle well before trial, the key for dismissed employees is to appreciate when they have great facts on their side — and also when they don't. As the costs associated with litigation act as a deterrent for employees, employers understand that most will accept a reduced settlement at the outset rather than waiting for a trial in order to obtain more. Their early settlement offers often exploit this fear. But if the case is properly advanced, legal costs will follow the result. In other words, assuming you are successful, a majority of your legal costs will be recovered. So, if you have a good case, be prepared to wait; otherwise, you may never collect nearly one hundred cents on your dollar.

Similarly, time is not always of the essence — I've seen many recently dismissed employees jump at the first offer of severance they are given simply because they either cannot afford to wait or are afraid they will receive nothing else unless they accept the deal immediately. Timing is rarely the main issue, and generally your right to compensation is not relinquished simply because you have attempted to negotiate better terms.

• Select your lawyer wisely:

The guidance of experienced counsel is imperative to ensure that your case is properly advanced and persuasively argued, and that critical mistakes are avoided. A lawyer's Google rankings have nothing do with his or her legal skill. Similarly, there are no rules limiting lawyers without much experience in employment law from professing that they practise it, on their websites and in the media — and they do. Avoid legal practitioners who merely dabble in employment law, since they may not keep abreast of the recent developments — and worse, employers' counsel often knows who they are.

•Understand an employer's apprehensions:

They have skeletons in their closets as well. Former employees in a position to divert important customers to a competitor or disclose information that, while not confidential, may be particularly damning, for example, almost always hold the cards in negotiations.

Daniel A. Lublin is an employment lawyer focusing on the law of dismissal; dan@toronto-employmentlawyer.com.

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50 BEST EMPLOYERS IN CANADA 2009 REPORT ON BUSINESS

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VW debuts hybrid tech

Volkswagen has announced that it will offer hybrid powertrain technology in Canada, under its new BlueMotionTechnologies brand, which was unveiled at the recent Vancouver International Auto Show, Canadian Driver reports. METRO NEWS SERVICES

EDITOR: KUMAR SAHA, KUMAR.SAHA@METRONEWS.CA

Spring cleaning your ride

MARK ATKINSON
for Metro Canada

Now that Canada is showing the first signs of warm weather after a long winter's nap, getting your vehicle prepared for spring consists of more than just putting your snowbrush and ice scraper away. If you want your pride and joy to last for years and minimize the amount of time spent in the shop, follow these essential car care tips that can be done by you or a professional, depending on your level of comfort.

Giving your car's exterior a good wash is one of the must-dos after winter's onslaught.

Andrew Michael, owner of Michael Automotive Paint & Design in Barrie, Ont., has been fixing other people's paint problems for years, has restored all manner of vintage British automobiles, and also races an early-'80s Mazda RX-7 that's too wild for the snow, so it sits in storage all winter.

Michael's first suggestion to keep your vehicle in tip-top shape is to give its paint the spa treatment.

"Road tar, environmental pollutants, and all the dirt and grime acquired in the daily drive needs to be removed from your paint, and the surface polished to resist the accumulation of new grime, corrosion or rust," he said.

"While newer paint finishes tend to resist fading and will maintain their shine far better than those of the past, the springtime polish is still not to be overlooked. Most detail shops offer this service that generally consists of a multi-stage system of thoroughly cleaning, compounding and finally polishing and sealing the paint to its original condition."

Also, aluminum wheels should be cleaned in a similar manner to remove all that caked-on brake dust and road slurry, and run your hands over them to check for any harm inflicted during pothole season.

If you suspect one of the wheels might be bent, depending on the severity, it's possible to get them fixed or straightened for a nominal fee. Otherwise, shelling out bucks for a replacement might be necessary.

If you've been using your ride daily throughout the harsh winter months, your best friend should be a pressure washer.

> **"Six months of slushy, muddy, salty boots dripping all over your carpeting can make it look like the floor of a hen house with the farmer on vacation."**
> Auto expert Andrew Michael

While giving your car's exterior a good wash and close inspection for damage is obvious, try to get as far underneath as you can, getting out at all the salt, sand and crud that's collected there in the last few months.

However, do not be tempted to do the same under your car's hood as getting water in places where it wasn't designed to be can be extremely expensive to repair.

When it comes to mechanical issues, the most obvious — besides the ubiquitous oil change — is to swap your winter tires to your all-season or summer-only rubber.

Beyond that, having inspections done on your cooling and electrical charging systems while at your local garage can prevent surprises.

"While it might have performed well throughout the winter, summertime heat can demand extreme duty from your cooling system," Michael warns. "Many roadside boil-overs can be avoided with a simple check at the shop."

Finally, taking care of the interior will pay off for both your peace of mind and your nose!

"Six months of slushy, muddy, salty boots dripping all over your carpeting can make it look like the floor of a hen house with the farmer on vacation," Michael said. "Though manufacturers go to lengths to protect the floors from this corrosive cocktail, removing the dampness will aide in this and keep your vehicle smelling fresh. Steam cleaning can be done at most detail shops and will extend the look and life of your carpeting."

For sports cars

- For those whose performance cars or convertibles get stowed away come the first signs of fall, there's additional maintenance and care that's needed to get them ready for sun-drenched drives.
- Regardless of the type of vehicle you're taking out of its winter hibernation, first do a visual check to see if anything has taken up a home in your car. Having mice, bugs or birds camping out in warm places in your car isn't uncommon. Clean out the spider webs as well.
- Next, change the oil as engines that haven't operated in months can get seized or damaged without proper attention. Drain and flush your radiator coolant and gasoline in the fuel tank, and replace everything with fresh fluids. Inspect the car's brake lines and calipers and/or drums, because modern brake fluid goes bad with dust, air and moisture.
- "Trim and rubber seals should also be cleaned with the appropriate cleaners and conditioners to ensure they maintain their integrity and or elasticity and to keep from drying out, thereby creating leaks and wind noise," Andrew Michael suggests.

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Spring tire rituals can be divine

Those pagans really knew a thing or two on how to throw a party come springtime. Summer solstice shows up, and they're out there sacrificing left, right and centre, staying up all night pondering the constellations, and hauling huge rocks around to make Stonehenge-like structures ... just generally having a ball.

In comparison, modern Western societies are a bit more muted in their spring rituals. The big ones in our neighbourhood are taking the Christmas lights down, and sweeping the porch.

But if you have a car, you're in luck, because car spring rituals have a bit more party mode about them. And nothing is more symbolic and uplifting than doing that divine swap — taking the winter tires off, and replacing them with the summer ones.

So here's a brief checklist to keep in mind, at that joyous, tire changeover time.

First off, hopefully you've got each set of tires (winter, summer) mounted on their own set of rims. The alternative — mounting and re-mounting tires onto one rim set — can damage the tire beads.

Ideally, your summer tires should be balanced before they go back on, and then the car should be checked for alignment. If you got expensive rims and tires, you need to do this to protect your investment and get all the performance you paid for.

But if you're on a budget, you might modify this a bit. If the tires ran fine when they came off, chances are they will run fine now. The tire installer can determine a lot just by visually inspecting the tires. If they're not wearing unevenly, maybe you don't need the alignment — at least until a road test proves otherwise.

Make sure your nuts are lubed with anti-seize. This makes rims so much easier to take on and off. A professional installer should do that automatically, but it doesn't hurt to ask.

Same thing for tire rotation. A pro will mark each tire in chalk, which corner of the car it was last mounted, so the next installer can rotate them appropriately. But this doesn't automatically happen all the time, so get it on the work order.

I'm pretty sure any installer will set the correct pressures of your summer tires. After that, it's up to you to visually inspect them, at least once a month.

It's so simple it hurts, but having the correct pressure in your tires is the best, cheapest, and most effective way of having a happy tire. And a happy tire is safer, more fuel-efficient and lasts longer than a grumpy tire.

The final issue with the winter-to-summer tire changeover is storage. Hopefully you got your winter tires back clean, and have a cool, dry place to store them. If you need to keep them in the living room, maybe throw a nice wrap over them that match the drapes.

Swapping your winter tires for summer ones is a great spring ritual, says Michael Goetz.

Michael Goetz has been writing about cars and editing automotive publications for more than 20 years. He lives in Toronto with his family and a neglected 1967 Jaguar E-type.

Car care products explained

JUSTIN PRITCHARD
for Metro Canada

Putting the sparkle on your ride may not be as easy as it seems.

MAINTENANCE With the days of salt and snow almost over, it's time to get the shine back on your car again. You probably know that it's a bad idea to wash your car with dish soap — but putting the sparkle on your ride, inside and outside, may not always be as easy as it seems. Many questions pop up: What's a glaze? Should you treat your leather? Does dashboard protectant actually cause long-term damage?

Jim Dvorak, a car care specialist at Mothers, a leading car care products company, helps sort out the basics in this interview.

Q If a new car has a warranty on its finish, why bother to wax or take care of it at all?

A A factory warranty is there to protect you to ensure that the paint preparation and application process was sound, that quality paint was used, and that it was cured properly. New-car warranties don't protect you from fallout or oxidation over time, which will occur naturally if paint is not waxed or cared for properly. Car wax, whether synthetic or carnauba (a palm tree derivative), acts as a sacrificial layer between your paint and Mother Nature.

Q Waxes? Sealants? Glazes? Polishes? What's the difference? Do many people get confused shopping for paint care products?

A There are a lot of products out there named to catch the eye of the consumer more so than to communicate their actual function.

"Wax" has become a segment of products designed ultimately to protect your paint. They traditionally have contained carnauba, though in recent years they might instead contain a synthetic wax or polymer. Some wax products also contain cleaners or polishes, while some are just pure wax.

A "sealant" is essentially a synthetic form of a pure carnauba wax, and can require extensive preparation and drying time, so they're generally sold in the "enthusiast" community to people who don't mind spending all weekend working on their cars.

A "glaze" adds depth and shine while helping to fill in minor defects that normally reflect in the sun and cause a spiderweb-like appearance to the finish. A glaze should always be followed by a pure wax.

Q Should I treat my leather seats? Doesn't the factory treat leather seats so owners don't have to?

A Some factory leathers do have a coating to protect the finish to an extent — though they should also be maintained. A thorough vacuuming of the surfaces, especially the seams, will help to remove grit, which may damage the finish. A routine cleaning and conditioning should still be done next. Some premium leathers benefit from dedicated conditioners with natural oils, while others can get by with a combination cleaner and conditioner.

Q Is it true that some vinyl / plastic protectants can actually damage materials over time? If so, what's important to look out for?

A There are many myths about vinyl protectants — and some of them find their origins many years ago when some products were made of ingredients that did cause problems. The rumours were continued by people who used products as a last-ditch effort to revive their sun-beaten dashboard, only to find it became cracked — not realizing the pressure of applying the product simply accelerated the aging process. In other words, they used the product too late. Quality brands today use modern ingredients, which are safe, so these myths from years ago are no longer valid.

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5-door model shown. From $21,895.*

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▼ U.S. Government star crash test ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program. See safercar.gov for more details. ▲Ratings of "Good" are the highest rating awarded for 40-mph frontal offset, 31-mph side impact and 20-mph rear-impact crash tests conducted by the Insurance Institute for Highway Safety (IIHS). A "Good" rating obtained in all three crash tests and the availability of Electronic Stability Control (ESC) achieves a 'Top Safety Pick'. See iihs.org for more details. ††Eligible participants must be within four months of graduation, or have graduated in current year or previous two calendar years from a recognized, full-time, university undergraduate degree program or full-time two-year college program. Rebate is applicable to new, unregistered vehicles only. Lifetime limit of one graduate rebate per qualified buyer. Vehicle must be registered in the graduate's name. Rebate is over and above most consumer retail offers available from Subaru Canada Inc. Offer is non-transferable. ♦Based on ALG's 2009 Residual Value Award for Mid-Compact Cars. **Based on 2008 over 2007 sales in Canada for Japanese car manufacturers; individual brands/divisions not considered separately. *MSRP of $25,795 on 2009 Forester 2.5X (9J1-XG). 2.9% lease and finance rate based on a 24-month term. MSRP of $20,995 on 2009 Impreza 2.5i 4-door (9F1-BP). Lease for $199 a month for 24 months with $1,899 down. 0.9% lease rate. 2009 Impreza 2.5i 5-door model shown (9G1-BP). From $21,895. Impreza 2.5i models not available in World Rally Blue. MSRP of $30,995 on 2009 Outback 2.5i (9D1-BP). 0.9% lease and finance rate based on a 24-month term. Freight, PDI, license, insurance, admin fees, registration and taxes are extra. $0 Security deposit. Dealers may sell or lease for less. Offers available from March 4th, 2009 to May 31st, 2009 (Impreza lease offer ends May 1st, 2009). Offers applicable on approved credit at participating dealers only. Lease based on a maximum of 24,000 km per year, with excess charged at $0.10/km. Leasing and financing programs available through TCCI. Other lease and finance rates and terms available; down payment or equivalent trade-in may be required. U.S. Outback model shown. Vehicles shown solely for purposes of illustration, and may not be equipped exactly as shown. See your local Subaru dealer for complete program details.

The big, small SUV

Roomy Toyota Rav4 not short of useful features

DUSTIN A. WOODS
for Metro Canada

The 2009 Rav4 is easy to drive, even when navigating city gridlock, which is unheard of when it comes to most SUVs.

2009 Toyota Rav4

Type: SUV
Price: from $30,235
Engine: 2.5L V4 and 3.5L V6
HP: 179 (V4); 269 (V6)
Torque: 172 ft-lb (V4); 246 ft-lb (V6)

Highlights

- Compact yet spacious
- Fuel efficient

While advertisers would like you to believe that bigger is always better regardless of whether the topic is department stores, dish detergent or diners, some people aren't into thinking big just for the sake of it.

Aside from the fuel mileage and social stigma, there are actually many benefits that come with owning an SUV that don't involve intimidating pedestrians.

Having additional space to carry the tiny sprigs of your family tree with the peace of mind that come from an elevated driving position and four-wheel-drive are but a few reasons drivers abandoned the minivan and station wagon years ago.

Smaller SUV's have become commonplace for most manufacturers, which blend the aforementioned advantages within a package that is more likely to fit your finances, not to mention your garage.

Launched as a 1996 model, the original Rav4 was the first SUV to be built on the chassis of a car. The Corolla-based mini SUV was offered in both two and four door versions. While it was debatable which model was the more hideous of the two, the Rav4 has always enjoyed a decent-sized audience, primarily with women as a matter of fact.

It seems that blending small, fuel-efficient engines and off-road capabilities have become a winning formula for Toyota.

Thankfully, the mini off-roader was completely revamped in 2000 without the aquarium-sized windows and with less plastic Lego body cladding.

The third generation model was redesigned in 2006 and has received a facelift for 2009. Changes include a re-styled grille and bumpers, active headrests for the front seats and a more powerful 2.5L four-cylinder engine that boasts 179 hp and 172 ft-lbs of torque.

A 3.5-litre V6 mated to a five-speed automatic transmission is available on all trim levels, producing a respectable 269 hp and 246 ft-lbs of torque while getting the four-cylinder-like fuel economy numbers.

The Rav4 is offered in three variations: Base, Sport and Limited, which are available in both four- and six-cylinder engine configurations with a four-speed automatic transmission as standard equipment.

The third generation Rav may still be considered a mini SUV, but it offers a roomy interior big enough for five adults, 73 cubic feet of cargo space and an available third row for the little tykes in Base and Limited form.

The Rav4 is easy to drive, even when navigating cramped parking garages or city gridlock, which is unheard of when it comes to most SUVs.

While the V6 version hits zero-60 mph in just over seven seconds, the four-cylinder version left something to be desired in the performance department with only marginally better fuel efficiency than its V6 counterpart. Handling is precise and predictable.

Standard features for the base RAV4 include 16-inch steel wheels, keyless entry, cruise control, a tilt/telescoping steering wheel and a six-speaker stereo with a CD/MP3 player and auxiliary audio jack.

The Sport version adds rear tinted windows, 18-inch alloy wheels, a sport-tuned suspension, foglights and heated side mirrors.

Subaru to unveil 2010 Legacy

DEBUT Subaru Canada, Inc. (SCI) announced that the all-new 2010 Legacy sedan will debut this Friday at the New York International Auto Show, with bolder design language and a larger midsize package.

The 2010 Subaru Legacy

Legacy, renowned for its sporty handling and reliability, has been further enhanced with a longer wheelbase, a revised suspension design, 100 mm (almost four inches) of added rear seat legroom, and a new powertrain lineup that includes the new Subaru LineartronicT CVT (Continuously Variable Transmission).

The Legacy lineup for 2010 offers four well-equipped models — 2.5i, PZEV, 2.5GT, and 3.6R — along with several option packages for even more performance, comfort, and luxury. And, of course, every Subaru is equipped with Symmetrical full-time All-Wheel Drive. Legacy is the only midsize sedan equipped with this performance- and safety-enhancing system as a standard feature. **FROM CARGUIDE**

2009 Acura TL

Bold, new Acura TL

PETER BLEAKNEY
for Metro Canada

It's tough going out there in the near-luxury sports sedan arena, and the game has moved on, with every major player offering all-wheel-drive and some crossing the 300 hp threshold. Who wants to be left out of that club?

Acura has addressed both these issues in the all-new 2009 TL. There are two models to choose from: The front-wheel-drive TL ($39,990) powered by a 280 hp 3.5L V6 and the $44,490 TL SH-AWD (Super Handling All Wheel Drive) with a 305 hp 3.7L V6.

Both models get a five-speed manumatic with paddle shifters.

Mechanically, Acura may be playing catch-up here, but stylistically, this 2009 TL isn't pandering to anybody. Distinctive, bold, sneering — these are words that spring to mind when first viewing the TL's angular, metallic snout. The creases and cut lines around the trunk and taillights are equally ginsu-knife lethal, and the well-defined blisters above the front wheel arches add muscle to the front haunches.

As it is with most model makeovers, the 2009 TL casts a larger shadow than is predecessor — wider by 30 mm, taller by 10 mm, and the wheelbase is stretched by 34 mm.

Rear seat leg and hip room increases, and the TL boasts a 371-litre trunk (354-litre for the SH-AWD).

The TL's extra girth puts it between the BMW 3 and 5 Series, the Mercedes C and E-Class, et al. Acura is looking to attract buyers from both those segments.

It's a fresh interior too, with organic flowing lines that radiate from the driver like waves in a pond. Acura is eschewing the Germanic one-knob-for-all-functions philosophy here, peppering the dash, steering wheel and console with more buttons than a cardigan factory.

Once you figure out where everything is, however, it beats trying to keep one eye on a screen while scrolling through menus.

Those familiar with Acura will know technology is a big part of this maker's identity, and gizmo-geeks won't be disappointed here. Standard fare is Bluetooth connectivity, multi-information display, XM satellite radio and a 276-watt eight-speaker audio system with six CD, Dolby ProLogic II, and auxiliary and USB inputs.

While driving the smooth, winding roads of our Connecticut test route, the 280 hp TL felt much more refined than the 2008 car.

It took a nice set during brisk cornering too, but information from the electric power steering (the old car was hydraulic) was nearly non-existent.

The 305 hp TL SH-AWD feels more robust. It rides on 18" footwear (19 inchers are optional) with recalibrated suspension tuning.

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Sun's the limit

Koenigsegg shines light on green supercars

EMMA E FORREST
Metro World News

Not content with creating some of the most extreme sports cars on the planet, Swedish car manufacturer Koenigsegg is also making them green.

"We try to make a car with no downsides, only upsides, with no compromise," explains CEO Christian Von Koenigsegg.

Koenigsegg's famously powerful cars first went green with the 2007 CCXR. This eco-friendly version of their CCX supercar can run on regular petrol, but fuelled with E85 Biofuel, it delivers an extra 212 bhp — and an astounding 1018 bhp in total. It's the first green car that does an outrageous 0-100km/h in 3.1 secs, with a top speed of more than 400 km/h.

Christian Von Koenigsegg

Now they're taking their eco-credentials one step further with The Quant, a solar-powered gull-winged electric luxury cruiser.

It has a range of 500 km, can recharge in 20 minutes and is covered in a skin of photovoltaic cells that absorb the sunlight and extend the range.

The car is a concept, but they plan to have prototypes ready in three year's time in response to demand. This won't be the car to save the planet. The small but successful company, established by Von Koenigsegg in 1994, only produces a low volume of cars (only 18 last year, 72 total since 2002) and they're hand-crafted from space age materials, giving them an out-of-this-world price tag of up to 1,550,000 euros (more than $2,500,000 CDN).

The Quant, a solar-powered gull-winged electric luxury cruiser.

Von Koenigsegg, who plans to pioneer more green technologies, is enjoying his company's ecological status.

Koenigsegg's clientele, who test the cars at their Swedish HQ at a former fighter jet facility, seek exclusivity, and the eco angle is the cherry on the cake.

"It's a twist to the supercar," he says. "Supercars are about having fun. Part of the fun is knowing you're not impacting on the environment, and contributing to the development of new technologies."

Fifty years on, MINI still holds capacity to thrill

EMMA E FORREST
Metro World News

REVIEW Barbie isn't the only icon celebrating a 50th birthday this year — it's also 50 years since the first ever Mini hit the road.

Throughout 2009 MINI fans all over the world will be toasting this unique tiny, democratic car, both the original and the new, chunky BMW version. They'll also be able to get their hands on the new MINI convertible.

When the first "new" MINI convertible came out, I took it on an epic voyage from the launch in Seville back to London.

En route it acquired admirers whether it pulled up outside hip music festivals, nightclubs, luxury hotels, motorway service stations or crowded beaches in Spain and France.

It was perfect for a MINI adventure: Comfortable, powerful, solid, and with just enough boot-space to fit in the party dresses and shoes required by two Sex and The City-style holiday-makers.

2009 MINI cabrio

Type: Compact convertible
Price: from $29, 950
Engine: 1.6 L
Mileage: 5.4 L/100 km

Highlights

- Hip and exciting look
- Eco-friendly
- More powerful than previous model

Does the MINI cabrio still have the capacity to thrill?

It certainly does if you consider that the car only comes in sporty Cooper, Cooper S and John Cooper Works editions.

The new car doesn't mess much with the winning formula of the original, even if it is longer but smaller and lighter.

Rear visibility is improved but still not great through the rollbar and boot space is still a doll-sized 125 litres, but otherwise it's a delight to drive, feisty and responsive with a six-speed gearbox.

It's more powerful than the old model, but it's also is more economical and ecological, with auto stop-start that cuts the engine when it's idling.

The roof closes in 15 seconds at speeds of up to 32 km/h for when you travel through car-jacking territory, and great gimmicks include the air-conditioned glovebox, and the "MINI Always open timer," a gauge that measures how many hours you've driven with the roof down.

It's might be more expensive than many of its rival cabrios but then it's also of superior quality.

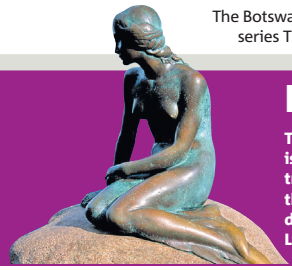
However, given that MINI is one of the rare car companies that increased sales last year don't expect popularity to be a problem for this new cabrio.

The 2009 MINI convertible is more powerful and ecological than previous models.

No. 1 contest

The Botswana Tourism Board and HBO have launched a contest to promote the country where the new HBO series The No. 1 Ladies' Detective Agency is set and filmed; mynumberonelady.com. THE ASSOCIATED PRESS

Travel



Little Mermaid's big trip

The beloved statue that keeps watch over Copenhagen's harbour is leaving Denmark for the first time: The Little Mermaid will travel to China to be the centrepiece of her country's pavillion at the 2010 Shanghai World Expo. But the harbour won't be abandoned: China is sending a yet-to-be-unveiled statue to keep the Little Mermaid's place for her. METRO NEWS SERVICES

TRAVELDESK@METRONEWS.CA

Vienna learns how to loosen up

Once-staid city outgrows its stuffy image

JENNIFER LESIEUR
Metro World News

When one thinks of Vienna, clichéd images come to mind: Society balls, Johann Strauss, perhaps even Freud. Indeed, Austria remains close to its traditions, but in the last few years Vienna has seen a growth in new stylish neighbourhoods and contemporary buildings. The 7th district is the most dynamic, and you can easily reach the following places there on a leisurely walk, which is the best way to take in the city.

Looking up inside Vienna's MuseumsQuartier complex.

METRO WORLD NEWS

An interior view of coffee shop Das Möbel.

Modern art explodes

The flagship of this new dynamism, the MuseumsQuartier, is one of the 10 largest cultural complexes in the world, and offers more than 50 facilities for modern art in 60,000 square metres of space. The 1723 façades house the big grey building of the Museum of Modern Art (MuMok), which is currently exhibiting a retrospective of Austrian painter Maria Lassnig and violent photographs by Nam June Paik.

The Leopold Museum houses paintings by Klimt, Schiele and Kokoschka, whereas the beautiful Kunsthalle programs concerts, conferences and performing arts. The Kultur Schock is a sort of festival with dance, electronic music and theatre, held here every summer, mqw.at.

Near to the MuseumsQuartier you will find the Quartier21, an area that's home to showrooms, cafés, and shops dedicated to vintage video games, local designers, and one dedicated to the Lomo, the brand of cult, ultra-simple cameras that's based here in Vienna.

There's even a music shop where you can burn your own compilation of Austrian modern music — including Cheap Records and G Stone labels, for electro fans — on CD, legally, musiktank.at.

Cafés like home

Vienna's cafés deserve their homely, cosy reputation. Every generation goes there to drink a tasty melange (local coffee with milk), in a historic setting. Make no mistake: there's nothing stiff or old-fashioned here. You can order your coffee, borrow the papers and sit all day long, and nobody will ask you to leave.

To return to the XXIth century, have a rest at Café Phil, in front of traditional Café Sperl. Vintage armchairs, books, vinyl records and DVDs make you feel like you're hanging out in a friend's living room. Another popular must-see is Das Möbel (10, Burggasse), part-café, part furniture showroom, where you can have a good brunch sitting at tables and chairs that you can also buy. To purchase brand new versions, go to the Das Möbel shop, 11, Gumperdorfestrasse.

Consume wisely

Vienna is fond of multifunctional places that reunite useful with attractive. The Saint Charles company, for example, offers a shop with bio-cosmetics, healthy products and shiatsu massages with all-natural ingredients. Stylish and minimalist this ex-pharmacy still houses the antique cabinets from its former life; 33, Gumpendorferstrasse, saint.info.

Gabarage is into useful design: The company salvages old materials from factories and recycle them into furniture, bags, and home decor. The designers are ex-drug addicts or ex-convicts, giving them a job and a way to reintegrate into society. Not only are the products worthy, they're also fun; 6, Schleifmühlgasse, gabarage.at.

Next door, gourmets will enjoy Babette's, a nice cookbook shop and a kitchen where you can have a quick lunch or take cookery lessons; 17, Schleifmühlgasse.

The sound of Vienna

If you're planning a night out, the Flex remains the club of the city, a place to get your fill of new tunes, near the canal (Donaukanal/Augartenbrücke). If you prefer wandering from one place to another, hit the Gürtel district, which has lost its previous reputation as a no-go area.

Wondering where to eat when you've spent all your cash on clubs and galleries? Step back in time at Trzesniewski (1, Dorotheegasse) near to the Albertina Museum, which offers thousands of different types of sandwiches. Near the Staatsoper, Bettelstent Student is a hit with students, a wood-panelled pub with Austrian dishes and beer at affordable prices. For a quick snack, you'll find are hundreds of sausage sellers all over the city. Night and day, during all seasons of the year, a smoky bratwurst with sweet mustard and rye bread will get you back on your feet.

Vienna

- For more information, visit austriatourism.com and wien.info.

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Degas' New Orleans haunts
A visit to the Degas House, the historic New Orleans home where artist Edgar Degas lived for a short time, now includes a walking tour of some of the streets, parks and homes he visited while living there; degashouse.com. THE ASSOCIATED PRESS

Discovering Reunion Island

You'll find French culture, adventure and a live volcano

EMMA E. FORREST
Metro World News

An example of local architectural style.

NAIADE RESORTS

An outdoor lounge area at Les Villas du Lagon on Reunion Island.

In Reunion you can get the perfect baguette, smoke a Gauloise on a bistro terrace as you watch Parisians holidaying with their dogs, and visit one of the "prettiest villages in France" — but this is not your average Riviera destination.

For a start, this island is in the middle of the Indian Ocean, one of several exotic French overseas 'departements' that include French Guiana in South America, and the island of Guadeloupe in the Caribbean.

Born three million years ago as the result of an undersea volcanic eruption, Reunion is a lush, green island with a series of giant crater-shaped valleys and a live volcano.

Most tourists head straight to the West Coast, and the popular resort of St-Gilles-les-Bains, often called the St Tropez of the Indian Ocean. With the best beaches on the island, plenty of restaurants and hotels and a vibrant nightlife scene, it's a good place to base yourself in preparation for your adventures inland.

The beaches and towns of Reunion are lovely but the most exciting aspects of the island are the rugged, mountainous interior, where you can go trekking, mountain biking, horseback riding and paragliding.

The three amazing cirques left behind when the original volcano collapsed — the Cirque de Cilaos, Cirque de Salazie and Cirque de Mafate — offer memorable hiking experiences with a backdrop of verdant gorges, dramatic waterfalls and historic colonial towns. Another must is a trek up the lunar landscapes to Reunion's active volcano, Piton de la Fournaise, the highest peak in the Indian Ocean.

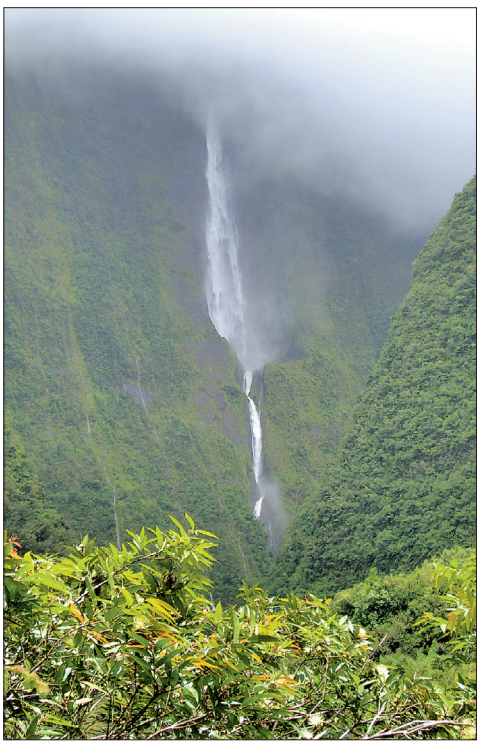
The most accessible of the three is the Cirque de Salazie. Weave your way up through the valleys to Hellbourg, a beautifully preserved historic town with delightful wooden colonial houses — the aforementioned prettiest village in France. Sample typical Reunionnais dishes at Les Jardins d'Heva, a cosy two-star guest house with fabulous views over the Cirque de Salazie. Stay over in one of the cabins if you plan a walk on Reunion's 1,000 kilometres of well-marked trails.

Cirque de Cilaos is harder to get to, with slow roads leading to the town of Cilaos at 1,220 metres above sea level, but it is known for its embroidery, wine and thermal springs. Meanwhile, you'll need to pay an early morning visit to the mountain peak at Piton Maido, to get a magnificent view over the Cirque de Mafate before the clouds descend. It's quite a sight, this vast crater with its lush scenery and tiny hamlets in the distance. Mafate is only accessible by foot, so if you have time and are feeling adventurous, plan a hike into it. You can enjoy the stunning scenery and stay in the guest houses in this isolated community, meeting the ancestors of the slaves who fled here 200 years ago. It's a good idea to go with a guide, such as

Read more on page 25 »

Need to know

Getting there: There are no direct flights to Reunion out of Toronto, so you'll have to connect through Paris. Air France, airfrance.com, flies Paris to Reunion daily. You don't need a special travel visa to visit the island.
Getting around: There are public bus routes, but it's much easier to access the inland by rental car.
Currency: Euros
Time Zone: GMT +4
When to go: The weather is tropical year round, although cyclones can occur from December to March.
Web: la-reunion-tourisme.com



METRO WORLD NEWS

A dramatic waterfall on Reunion Island

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Lincoln still a big draw

Illinois officials say Abraham Lincoln's 200th birthday is luring thousands more visitors to the places he used to live and work. THE ASSOCIATED PRESS

METRO WORLD NEWS

Flower vendors in the island's St. Paul market.

German-born Reunion resident Christoph Kindler (chriskindler01@caramail.com) He's also a good person to give you insider knowledge on the island while showing you around the essential sites, including a vanilla plantation (Reunion is one of the world's leading producers), a geranium distillery, Hindu temples and the marine cemetery and the bustling market in St. Paul.

After a hard day's sightseeing return to your seaside residence — and reward yourself by watching the sun set with an ice-cold Dodo beer in your hand.

Where to stay

Unlike Mauritius, Reunion isn't geared up with luxury hotels, and many tourists favour an apartment, guesthouse or typically French holiday "gite." Treat yourself to a stay at the newly-refurbished Villas du Lagon, an elegant but relaxed hotel in St-Gilles-les-Bains with stylish rooms, fine dining restaurant, white sandy beach, huge pool and a lagoon ideal for snorkelling in — protected by a coral reef and full of exciting fish (from $305 per person, half-board, villas-du-lagon.com).

Where to eat

The staple here is cari — curry, made with fresh fish and meat. Sample it at a local café for the cheapest eats in Reunion. There are also some unusual fruit and vegetables to try out, including the national vegetable, the chou chou which tastes like zucchini and looks like green brains. Be sure to try local beer, Bourbon, better known as Dodo, and watch out for the potent local rum, Charette — more palatable when arrangé (mixed) with fruit juice.

Where to shop

Pay a visit to the weekly market in St Paul, 25km south of the capital St Denis. It runs Friday to Saturday morning and is a colourful and vibrant experience. Stalls overflow with exotic flowers, handicrafts and local food produce. Pick up some fragrant honey, a souvenir basket and snack on lychees or a crab samosa.

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Seeking remedies at the Mercado de Sonora

TheTravelJunkie
Julia Dimon
metronews.ca/traveljunkie

JULIA DIMON/FOR METRO CANADA

Double, double, toil and trouble. Where does one go to see fire burn and caldron bubble? One good bet is the Mercado de Sonora, a sprawling outdoor shopping area in the heart of Mexico City that's the Walmart of the witch world.

It's a maze of alleyways stacked with hundreds of stalls, located on Avenida Fray Servando Teresa in the Venustiano Carranza borough. For locals who dabble in witchcraft, or visitors looking to stray off the typical tourist trail, the Sonora market has all your ritualistic remedies.

You can find everything from antique amulets to medicinal herbs; live snakes to mysterious brews; and animal-shaped ceramic charms to powdered potions for health, wealth and romance. The market is loosely organized into three parts: Healing herbs, Afro-Cuban paraphernalia and black magic.

Walking amongst the tribal rattlers, taxidermy rabbits and other accessories of the underworld, I met Bertha Gutieriez Montes de Oca, a shaman who has been working in the market for 51 years. The five-foot-nothing elderly woman explained the ritualistic purpose behind the potions.

"Witchcraft plays a central role in Mexican society and medicine," she explained. "In the half-century I've worked here, the market has grown and the faces have changed but people's hopes and desires have stayed the same — hopes for money, love, good luck, marriage and fewer problems at work are among the most popular."

Navigating a clutter of products that claim to ward off evil spirits, Bertha took me to a set of stalls selling popular love sprays. For the ladies, there are potions for better sex, long marriage and curbing a boyfriend's flirtations with other women.

For men, the art of seduction is a popular sell. Male customers looking to attract their heart's desire will find Bertha recommends a product called Quita Calzon. As belief has it, men looking for love must first lather their bodies with this powder and think about the woman for whom they yearn. The power of the talcum-like potion will cause the woman in question to succumb to the man's wildest fantasies, all for the equivalent of a few dollars.

Just in case there was truth to the bottles claims, I dabbed on a little "true love" perfume, an aphrodisiac oil that promises to attract Mr. Right. In the rat race of today's dating scene, I figured a little sorcery couldn't hurt.

From there, Bertha showed me a soap called Tapa Voca purchased by women who want to stop gossiping, and a pair of cloth voodoo dolls for women who crave more commitment in their romantic relationships. For every problem, the market sells a solution.

A visit to Sonora market is a culturally significant look into a side of Mexico most tourists don't normally see. I learned that, though these beliefs stem from indigenous knowledge and centuries-old traditional medicine, witchcraft continues to play a big role in contemporary Mexican society.

As for that love spray? I'm still waiting for results.

Julia Dimon is co-host of Word Travels, airing Sundays at 8:30 p.m. EST on OLN; juliadimon.com.

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Smithsonian open late
Three of the most popular Smithsonian Institution museums will extend their hours into the evening over the summer months to try to increase revenue for the museum complex. THE ASSOCIATED PRESS

Baby steps for U.S. airlines

Hawaiian Airlines topped an annual quality study of U.S. air carriers as the industry took some of the hassle out of flying last year and delivered its best performance in four years.

The improvement came just a year after airlines earned their worst marks for passenger complaints in more than a decade.

Right behind Hawaiian in the overall ratings of 17 airlines were AirTran Airways and JetBlue Airways, according to a study based on government statistics that was released Monday by private researchers.

The legacy airlines — AMR Corp.'s American, Continental, Delta and UAL Corp.'s United — were clustered in the middle, while regional air carriers filled out the bottom rungs.

The airline industry flew fewer people in 2008 but treated them better, arriving on time more often and losing fewer bags. Passengers also were not as apt to be bumped from flights by overbooking, which was a big problem when airlines were running at or over capacity.

The downside: Fewer flights, higher prices — some airlines now charge extra for any luggage — and fewer frills.

The study found consumer complaints dipped from 1.42 per 100,000 passengers in 2007 to 1.15 in 2008. Southwest Airlines had the best rate, only 0.25 complaints per 100,000 passengers; US Airways had the worst rate, 2.25.

Half of all complaints involved baggage or flight problems such as cancellations, delays or other schedule deviations.

The average on-time performance last year was three percentage points better than the year before, yet nearly one-quarter of all flights were late. The study said 12 airlines improved from the previous year but only three airlines had better than an 80 per cent on-time rate: Hawaiian, 90 per cent; Southwest, 80.5 per cent; and US Airways, 80.1 per cent. THE ASSOCIATED PRESS

Delayed

- American Airlines, the nation's largest air carrier as measured by passengers flown the most miles, had the worst record, arriving on time only 69.8 per cent of the time. THE ASSOCIATED PRESS

B.C. powwows feature canoe races, BBQ salmon

CULTURE War canoe races, a barbecued salmon dinner and cultural performances are among events at the Seabird Island 40th annual First Nations Festival, one of several B.C. powwows welcoming guests this year.

The festival, running May 29-31, will also include the sale of original art. Seabird Island is located five kilometres north of Agassiz on the Fraser River.

West Vancouver's Capilano Reserve Park plays host to one of the largest and oldest aboriginal gatherings in the province, the Squamish Nation 22nd annual powwow.

The July 10-12 event includes dancing, drumming, craft sales and traditional foods such as bannock and salmon.

And on the Queen Charlotte Islands, Skidegate Days from June 12 to 14 will feature war canoe races as well as a baseball tournament and dance.

For more details on aboriginal cultural experiences in B.C., visit Aboriginal-BC.com. THE CANADIAN PRESS

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Going Away

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Butterflies Go Free in Montreal

Popular annual exhibit takes wing

Could anything say spring better than an exhibit dedicated to oodles of colourful winged creatures? That's what's on offer until Apr. 26 at the 12th annual Butterflies Go Free show put on by the Montreal Insectarium and the Montreal Botanical Garden.

This year, you can meet some butterflies of the Americas — which is the theme of the exhibition — as well as admire winged wonders of all kinds from Quebec and around the world.

"Butterflies Go Free is a total immersion in the complex and fascinating world of butterflies," says Charles-Mathieu Brunelle, director of Montréal's Nature Museums.

This year's exhibit places an emphasis on fair-trade butterfly farming. The Americas are renowned not only for the diversity of their butterflies and moths, but they're also where the first butterfly farms were established in the early 1980s, in Costa Rica. A number of countries have since adopted this sustainable development model, which is a way of protecting forests while creating local jobs. The Montreal Insectarium carefully selects its suppliers in order to choose "fair-trade" butterflies and moths.

Butterflies Go Free is on at the Montreal Botanical Garden until April 26, 9 a.m. to 5 p.m., Tuesday to Sunday, 4101 Sherbrooke St. E., Pie-IX Metro station, 514-872-1400, museumsnature.ca. METRO NEWS SERVICES

GILES MURRA/MONTREAL BOTANICAL GARDEN

Some of the butterflies that are part of the exhibit include, clockwise from top left, Danaus chrysippus, Morpho helenor, Question mark and Idea leucone.

GILES MURRA/MONTREAL BOTANICAL GARDEN

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Ontario outings

Easter egg-citement
This weekend, head north of the city to the McMichael gallery, where you can ring in spring by participating in one of the institution's Family Sundays. Register your child (eight years old and up) for a Ukranian Easter Egg workshop taking place between noon and 4 p.m. An alternative activity will be made available for younger children. Workshop registration must be made on-site. The cost for the general public is included in the gallery admission fee: McMichael members get in for free. The gallery is located at 10365 Islington Ave. in Kleinburg, Ont.; Tel: 905-893-1121 or toll free 1-888-213-1121; info@mcmichael.com; mcmichael.com.

Bunny bonanza
Don't feel like heading north? Then head west to Burlington's Royal Botanical Gardens, where families can meet Peter Rabbit, have breakfast or pizza with the Easter Bunny and enjoy entertainment, crafts and more. See rbg.ca for more information.

Hot Cross Buns
Visit Dundurn Castle in Hamilton this Easter weekend and try your hand at Victorian inspired Easter activities and sample hot cross buns in the historic kitchen. Fun for the whole family. Cost is $10 for adults, $8 for students and seniors, $5 for children, and $25 for families. Dundurn Castle is located at 610 York Blvd., Hamilton, tel. 905-546-2872, dundurn@hamilton.ca, hamilton. ca/museums. (The castle is closed on Good Friday.)

Newborn arrivals
If you're going to be in the Ottawa area on Easter weekend, check out the family-friendly programs on offer at the Canada Agriculture Museum, agriculture.techno muses.ca. After a long and cold winter, the farm glows with the arrival of newborn animals. Visitors will have the chance to welcome gentle new lambs, caress the silky fur of rabbits, and see newly-hatched fluffy chicks, as well as take in an Easter Bread demonstration. Also, children six years and under can join in chocolate Easter Egg hunts, and older kids will be challenged by the Signs of Spring Egg Hunt. Activities throughout the Easter weekend from run daily from 10 a.m. to 4 p.m., Friday, April 10 through Monday, April 13. Here are further details on some of the activities on offer:

Meet the Lambs
• Visitors can learn about the different breeds of sheep as well as their life cycle. Also, with the help of one of the Museum's friendly Guides, visitors can see and touch gentle new lambs.

Making Bread for Easter
• Did you know that hot cross buns are not the only type of bread that we can eat during the Easter period? Visitors can learn all about other traditional breads made to celebrate Easter and taste a sample of these delicious treats at the museum.

METRO NEWS SERVICES

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And the IACP Award goes to ...

A16: Food & Wine by Nate Appleman and Shelley Lindgren with Kate Leahy won Book of the Year from the 2009 International Association of Culinary Professionals Awards — essentially winning the Oscar of the cookbook world. METRO NEWS SERVICES

Food

Organic chocolate maker Green & Black's is turning the Easter Bunny green by reducing packaging across its premium, organic Easter range by more than 60 per cent. METRO NEWS SERVICES

New egg

Green & Black's is introducing, for the first time ever, premium Butterscotch Mini Eggs into the Canadian Easter range.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

LiquidAssets

Peter Rockwell

metronews.ca/liquidassets

Ham and lamb

Easter may be the greatest of all the holidays. As evidence let me offer a classic religious storyline, a gift-giving rabbit, painted eggs, a four day weekend and, wait for it, a fine excuse for some major eating and drinking. I love the fact that Easter is unique in that ham and lamb, and not turkey, are the menu headliners.

When it comes to ham this little piggy likes fruitier wines. Since the meat is salty, and possibly glazed, a juicy gamay- or pinot noir-based red is a perfect match as is a medium sweet white made from riesling. An off-dry multi-blend white with good acidity is a nice alternative and the **2007 Caymus Conundrum ($26.95 - $29.99)** from California's Monterey County is a knockout that rides a flavour wave loaded with citrus and tropical fruit.

Lamb (no matter the cooking style) prefers reds, especially mature juice from France's Bordeaux and Italy's Chianti region. A Spaniard from the Rioja area like **Grupo Osborne's 2002 Montecillo Reserva ($19.99 - $25.26)** will also do the trick. Aged in oak barrels for at least eighteen months it's a rustic plum fest with touches of black cherry, cedar and spice.

Prices reflect the range across the country.

Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

Welcome the Easter Bun-ny

À la carte

Barb Holland

metronews.ca/alacarte

BARB HOLLAND/FOR METRO CANADA

Homemade Hot Cross Buns.

Hot Cross Buns have a mixed history. Some say they were part of pagan spring festival and later given the cross by monks wanting to give Christian meaning to the tradition. Other accounts tell of an English widow whose son went off to sea and she vowed to bake him a bun every Good Friday. When he didn't return she continued to bake a Hot Cross Bun for him each year and hung it in the bakery window. The English kept the tradition for her even after she passed away. Holiday traditions often have pagan and Christian roots and often the symbolism has adapted over time.

Hot Cross Buns

There is nothing quite like fragrant, soft and spicy homemade buns. Makes 12 buns.

INGREDIENTS:

- 1 egg
- 1 cup (250 ml) warm milk, approximately
- 1/4 cup (60 ml) granulated sugar
- 2 tbsp (30 ml) melted butter
- 3 cups (750 ml) all-purpose flour
- 1 tsp (5 ml) each: salt and cinnamon
- 1/4 tsp (1 ml) each nutmeg and cloves
- 1 - 1/2 tsp (7 ml) bread machine/instant yeast
- 1/2 cup (125 ml) currants
- 1/4 cup (60 ml) chopped mixed candied peel

Glaze:

- 1 tbsp (15 ml) each granulated sugar and water

Icing:

- 1/2 cup (125 ml) icing sugar
- 1/4 tsp (1 ml) vanilla
- 1 - 2 tsp (5 -10 ml) milk

METHOD:

In a 2 cup (500 ml) measure, light beat egg. Add enough milk to make 1-1/4 cups (300 ml). Add sugar, butter and yeast, stir and pour in a large bowl or bowl of standing mixer. Let sit 5 minutes.

In another bowl, combine flour, salt, cinnamon, nutmeg, cloves, currants and peel. Add to milk mixture and mix at low speed until a dough forms. Using hook attachment (or by hand on lightly floured surface), knead 5 to 6 minutes, or until smooth and shiny, adding more flour if necessary. Place in oiled bowl, turning to coat.

Cover with plastic wrap; let rise in warm place until doubled, about 1-1/2 hours.

Push dough down, transfer to lightly floured surface. Cut dough into 12 even pieces (follow directions above from this point for shaping and baking).

Glaze:

In small saucepan (or microwavable glass measure), stir sugar with water. Heat over medium heat until sugar is dissolved. Brush over warm buns. Let buns cool on baking sheet.

Icing:

Combine icing sugar, vanilla, and just enough milk to make an icing consistency. Spoon or pipe a cross on buns.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Local Savour

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Amazon.ca's bestseller

Remember this book? Metro featured a Tandoori Quesadillas recipe from Everyday Indian by Bal Arneson last week (check metronews.ca/food if you missed it). It was also the bestselling cookbook of the week at Amazon.ca. METRO NEWS SERVICES

Canadian Living magazine is on sale now!

Canadian Living recipe of the month

Baked Sausage-Stuffed Shells

INGREDIENTS:

- 16 jumbo pasta shells (half 340 g pkg)
- 2 tbsp (25 ml) extra-virgin olive oil
- 1 each onion and sweet green pepper, finely diced
- 2 cloves garlic, minced
- 1 lb (500 g) mild Italian sausage, casings removed
- 1 egg
- 1/4 cup (50 ml) chopped fresh parsley
- 2 cups (500 ml) bottled strained tomatoes
- 1 tsp (5 ml) dried oregano
- Pinch salt
- 3/4 cup (175 ml) shredded mozzarella cheese
- 1/4 cup (50 ml) grated Parmesan cheese

YVONNE DUIVENVOORDEN

For more great recipes, visit metronews.ca.

METHOD:

In large pot of boiling salted water, cook pasta until tender but firm, about 14 minutes. Drain.

Meanwhile, in skillet, heat oil over medium heat; cook onion, green pepper and garlic until softened, about 6 minutes. Transfer to bowl; stir in sausage, egg and parsley. Place heaping 1 tbsp (15 mL) in each of the shells. Arrange in greased 8-inch (2 L) square glass baking dish.

In bowl, stir together tomatoes, oregano and salt; spoon over stuffed shells. Sprinkle with mozzarella and Parmesan cheeses; cover and bake in 425°F (220°C) oven for 20 minutes.

Uncover and bake until cheese is golden and instant-read digital thermometer inserted into centre of shell registers 160°F (71°C), about 10 minutes.

online

For more Tested-Till-Perfect recipes, visit canadianliving.com

In brief

BUNNY BRUNCH

On Sunday, The InterContinental Toronto Centre on Front Street invites you to celebrate Easter with a savoury classic brunch and live Jazz from the Dan Bodanis Band. Starts at 11 a.m., $55 per person and $25 for children 12 and under, 6 and under free. Call 416-597-8142 or visit azurerestaurant.ca METRO NEWS SERVICES

Be an eco-bride

Recently married Canadians can do their act of green this April by buying or selling a gently used wedding dress. For more information, visit SmartBrideBoutique.ca, a free, local, online classifieds site in nine cities across the country. METRO NEWS SERVICES

Style

Holding the key to chic

Being a keyholder has never been so fashionable — now comes Tiffany & Co.'s new Key Collection, inspired by the company's own key archives. Suspended from fine, ball or oval-link chains, designs include medallion, heart, flower-topped and diamond-adorned keys. The sterling silver keys start at $130 and $65 for the chain; prices vary for the diamond and platinum versions. To find a store near you, call 1-800-TIF-0110 or visit tiffany.ca. METRO NEWS SERVICES

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

A trend that's sure to go to your head

PERMAX PHOTO

The classic school girl hat from Edie's Hats in Vancouver, $35.

Check out spring's hottest tête-toppers

BRIAN COULTON
for Metro Canada

Men, shelve your wax and gel. Ladies, ditch those barrettes and headbands.

There's a new tête-topper in town, and without one, your spring style may read like an unfinished statement.

All right, so the hat isn't exactly anything new. Edie Orenstein knows that well. She's the eponymous creator of Vancouver store Edie's Hats. Over the course of the boutique's 25-year history, she's noticed that, while many people often admire hats, they say they'd never wear one.

"Who made up this rule?" asks Orenstein, with a laugh. She says hats are about giving permission to express oneself, likening the body and its fashion accessories to a sentence's nuts and bolts.

One of the most iconic hats in fashion is the fedora. Plaid fedora, left, Aldo, $25; woven fedora, below, Winners, $12.99.

"A hat on top of the head is like a punctuation mark on the end of a sentence. When people leave their heads naked, they're not finishing the end of what they're saying. It's a lack of confidence about what they're saying."

For women wondering how to punctuate their look, Orenstein suggests the classic school girl hat. "It's a round shape that you wear close around the head and has a little peak on it," she says, pointing out the profusion of different fabrics and trimmings the hat can consist of. "It's a cool little cap that pretty well everybody that wears hats has two or three of."

To tailor a more romantic look, circa 1920s, Orenstein recommends a cloche. Named for its shape, the hat is named after the French word for "bell."

"The cloche is probably one of the most popular shapes for women, bar none," Orenstein says. Cloches are made from an assortment of materials like cloth, felt, silk, leather, cotton or linen, offering a different feel depending on the fabric.

But the most popular icon in hats today, says Orenstein, is the fedora. "The fedora is this amazing creature that is everywhere, all over the world."

It's all over Aldo stores in Canada and the fashion franchise's public relations co-ordinator Michael Pilling encourages the style for men looking to contribute a hat to their closet.

"Fedoras are key!" says Pilling. "The fedora adds a stylish retro spin to any man's outfit." And considering the many shapes, colours and styles available, he says a fedora can fit anyone's personal style. "The fedora is a truly versatile hat — casual or chic. This season it's all in the way you wear it: on the back of your head, to the side, or right on top."

Sun hat in the city

Straw hat, Aldo, $30.

• Aldo's Michael Pilling calls this vast-brimmed number "fabulous" and compares it to the one worn by Kim Cattrall's Samantha character in the Sex and the City movie.

BRIAN COULTON/
FOR METRO NEWS CANADA

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Anthropologie coming to Canada

JANINE FALCON
for Metro Canada

Anthropologie, the U.S.-based chain of distinctive clothing and decor items, confirmed last October it plans to open doors in Canada.

But in the last two weeks the news has been flittering through the city's style-insider tweeting networks: The first location is set to open its doors in just under three weeks at Don Mills and Lawrence in Toronto.

If you're at all familiar with parent-company Urban Outfitters' vintage-trendy, youthful style, Anthropologie is its sweetly sophisticated sister with a more expensive taste for a whimsically chic mix of Victorian, antique, art deco and trend.

Three locations are scheduled to open in Canada within the next few months. The first is at Shops on Don Mills, a new outdoor-centre set-up much like L.A's The Grove, an outside shopping complex with tree-lined walkways, grassy parkettes and limited traffic. The entire centre opens on Earth Day, April 22; Anthropologie is celebrating the evening before with a benefit for the Nature Conservancy of Canada.

Castle ring, $80; available at Anthropologie

West Edmonton Mall gets the next store in late spring, and in mid-summer 80 Yorkville Ave. in downtown Toronto will open Anthropologie doors. Like their 121 U.S. counterparts, each shop will offer an eclectic range of women's clothing, accessories, cosmetics, home decor and decorative accents. Most exciting is that finally Canadians will have easy access to the boho-romantic furnishings, fabrics, bedding, tableware and other merchandise to big to pack in a suitcase or too delicate to ship.

Expect prices to be somewhat premium; they're straight-up conversions of the not-cheap U.S. rates, and like the American stores, what's available in one location may not be available in another.

For more information, visit shopsondonmills.ca and anthropologie.com.

FlareFashion

Lisa Tant

Read the blog at metronews.ca/flarefashion

New line of Amabile scarves
Amabile recently launched an introductory line of comtemporary and luxurious silk scarves. Fashion designer Amabile Cantisani and painter/artist Frank Caracciolo are the dynamic duo behind the label. Visit amabilefashion.com. METRO NEWS SERVICES

Spring into Style... **Fashion on the street from coast to coast**

Chic: "My style icon is Katie Holmes," says Toronto's Ashley McClare, 24, spotted at Yorkville Street and Avenue Road. "My favourite item that I own is my Jas M.B. purse (pictured) ... I (also) love skinny jeans."

Urban: "I get clothes from all over and put them together," says Vancouver receptionist Gillian Harris, 24, spotted at Granville and Seymour Streets. She is wearing a coat from Brazil and a skirt from Urban Outfitters.

Feminine: "I love classic feminine dressing," says Halifax's Simin Soleymani. Spotted at Spring Garden Road and Brunswick Street, this stylish student is carrying a Coach purse and wearing Guess jeans.

Eclectic: Calgary's Jesse Ebaugh, 27, is sporting a jacket a friend gave him, vintage thrift shop Levis jeans, Mexican-made cowboy boots, a hat bought at a U.S. truck stop and sunglasses found in a thrift shop.

Classic: "Today I'm just kind of classy. (My fashion sense) really depends on my mood," says Ottawa's Frederique Roy, 16. Spotted at Rideau Street and Laurier Avenue, this student says she wears whatever "suits me well."

Unique: Edmonton fashion designer Cheryl Olvera is wearing her own halter dress design. "My spring/summer line is going to include lots of bright colours, metallics and the little white dress is going to take over."

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Hulk smacks down reality love

Hulk Hogan has turned down the chance to find new love in a reality TV dating show. VH-1 network executives wanted the one-time WWE star to appear in a similar show to rocker Bret Michaels' Rock of Love and rapper Flavor Flav's Flavor of Love. FEMALEFIRST.CO.UK

Entertainment

Not so Desperate

Victoria Beckham is "too busy" to appear on Desperate Housewives. Eva Longoria, who stars on the show, hoped Victoria would land a cameo — but the former Spice Girl can't fit it into her schedule. FEMALEFIRST.CO.UK

EDITOR: DEAN.LISK@METRONEWS.CA

Junior Boys go the distance

Ocean no obstacle for electro-pop duo

BRYAN BORZYKOWSKI
For Metro Canada

Recording an album when your bandmate lives across an ocean from you can be tricky, but if you're as determined as Hamiltonian-based band The Junior Boys, distance is no obstacle to creating good music.

To record their new disc, Begone Dull Care, the electro duo, which features Jeremy Greenspan and Matt Didemus, didn't share Mp3s via e-mail. Instead they laid down tracks the old fashioned way, by traveling between Hamilton and Berlin — where Didemus lives — to work on music face to face.

"It was expensive, but it worked out because I got elite status on Air Canada now," jokes Greenspan. "I wasn't interested in doing that whole sending things off. We're big believers that the equipment and conditions all play a central role in where music is going to go. For us patching things together through MSN doesn't seem exciting."

That being said, the twosome did write things independent of one another, so it wasn't like they were racking up long distance charges discussing each musical move. That separation, says Greenspan, is another reason why trading emails didn't make sense for them. "Because of that impendence it was even more important that we didn't swap files," he says. "At a certain point it would become why are we even doing this together?"

While they might have produced a solid album if they had just sent each other MP3s, after listening to the album, which is based around the films of Canadian filmmaker Norman McLaren, it's easy to see why they had to write this together. The disc is easily their most meticulous record of their career, though, Greenspan says, they tried to make it sound spontaneous. That was a challenge that McLaren dealt with as well, Greenspan explains.

"He was attacking a problem I dealt with — how do I make something feel like it's free flowing despite the fact it's been very difficult to make," says the Junior Boys vocalist. "We don't just write songs in two or three instruments, it's much more complicated than that."

Greenspan hasn't quite figured out how to reconcile those opposing forces, but he does think "the tension between being spontaneous and complex creates a unique thing."

Begone Dull Care the new album from The Junior Boys (Jeremy Greenspan, back, and Matt Didemus) is now available in stores.

In the end the band created a spare, yet upbeat collection of airy tunes, layered with electro sounds and, in a few cases, '80s grooves.

There's no question this is a pop disc, though with some nearly seven-minute songs it's not as conventional sounding as some previous work. Greenspan says this was intentional — he didn't want to make "tidy" pop songs so he tacked on some extended outros.

"This album is about the process of working so we tried to let people hear that," he explains. "In the past we had so many ideas we wish we could have used but we had to distill them in the pop format.

"It often does create a better end product," he adds, "but we wanted people to hear what these tracks sound like as we go through it."

"We're big believers that the equipment and conditions all play a central role in where music is going to go."
Jeremy Greenspan

Rollins, Bennett headline jazz fest

Tony Bennett

MUSIC The 23rd edition of the TD Canada Trust Jazz Festival will be bookended by legends: Tenor sax stalwart Sonny Rollins kicks it off at the Four Seasons Centre for the Performing Arts June 26 and vocal master Tony Bennett closes the event July 5 at the Canon Theatre.

In between comes a musical feast, with 350 concerts at more than 40 locales, featuring 1,500 musicians from a dozen countries, including Sharon Jones & The Dap-Kings, Medeski Martin & Wood, Kool & The Gang and Dave Brubeck Quartet.

For more details visit torontojazz.com.

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mtv.ca

Iron Man birthday

Robert Downey, Jr. enjoyed a superhero birthday party on Saturday when members of his new Iron Man movie joined him for his 44th. The actor partied in Los Angeles with his wife Susan, Gwyneth Paltrow, Jon Favreau and Sam Rockwell. FEMALEFIRST.CO.UK

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Easter at the movies

STEVE GOW
for Metro Canada

Unlike Christmas, with its more marketable associations to Santa Claus, flying reindeer and snowmen that mysteriously come to life, Hollywood typically tends to shy away from the crucifixion and resurrection of Jesus Christ and its bizarre association with a bunny that hides chocolate eggs. Go figure.

Still, while Easter may be hard to find at your local multiplex these days, cinema is not without a few classics that mark this season's biggest holiday. So, if you are in the mood for some Easter-themed entertainment, you may consider having a Good Friday at home with one of these five movies instead:

• **THE GREATEST STORY EVER TOLD (1965):** A chronicle of Christ's life, Max von Sydow stars in what has been described as the "definitive movie of the Easter story." More than that, where else are you able to get Pat Boone, Sidney Poitier, Telly Savalas and Jamie Farr in the same film?

Charlton Heston starred in the The Ten Commandments.

• **THE PASSION OF THE CHRIST (2004):** If you want a darker experience this holiday, this Mel Gibson-directed epic is not for the faint of heart. Controversial, shocking and by some accounts, anti-Semitic, The Passion details the excruciating final hours and crucifixion of Christ.

• **THE TEN COMMANDMENTS (1956):** Long before Charlton Heston was preaching about the right to bear arms (remember his "pry it from my cold dead hands" speech?) he starred as Moses in this huge Passover epic. Directed by Cecil B. DeMille, this classic follows Moses as he leads slaves from the tyranny of a pharaoh, parting the Red Sea along the way.

Movie feature

• **BEN HUR (1959):** Heston went biblical again three years later, starring as a wrongly-accused prince who sought revenge upon his accuser during the time of Christ. Ben Hur not only won a stunning 11 Academy Awards, but it apparently resurrected MGM studios from bankruptcy.

• **THE PRINCE OF EGYPT (1998):** For a lighter holiday-themed story, look no further than this animated family film. Sure, it's a little disarming hearing Val Kilmer as the voice of Moses when you are used to the boom of Charlton Heston, but this feature stays resonant by dealing in matters of slavery and notions of faith. Funny, I don't remember those issues coming up in Space Chimps.

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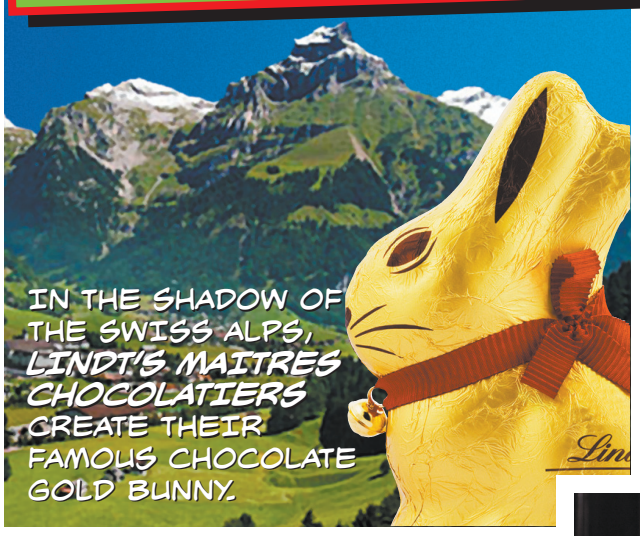

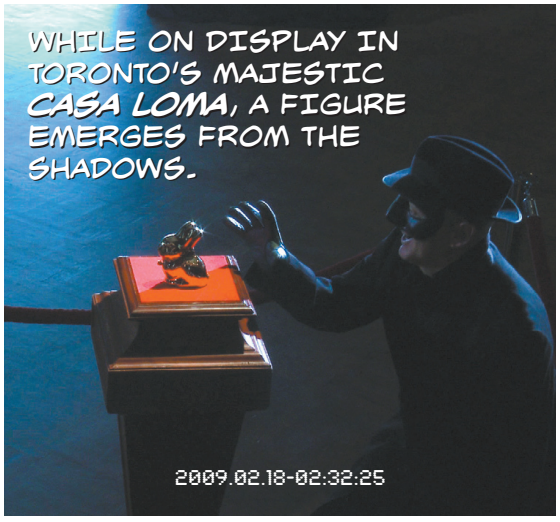

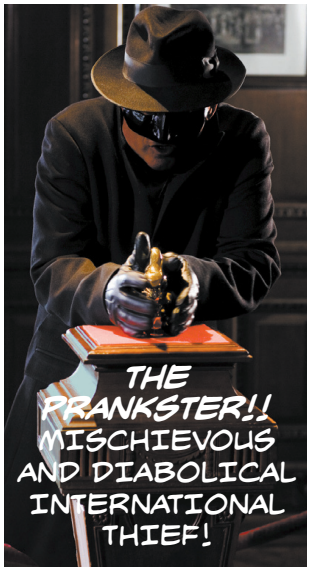

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KEEPING YOU UPDATED

Rolling Stone article by Hawke enrages Keith

Ethan Hawke might want to avoid crossing paths with Toby Keith in the near future.

Country star Toby Keith, left, is angry about a story Ethan Hawke, centre, wrote about Kris Kristofferson for Rolling Stone magazine.

The country star lit into the actor for an article Hawke wrote in the new issue of Rolling Stone about Kris Kristofferson. In it, Hawke refers to a blowup Kristofferson had with an unnamed country star back in 2003 that sounds a lot like Toby Keith.

But a furious Keith, speaking backstage at the Academy of Country Music Awards, said it wasn't true, and added that Hawke did not name him in the story because he did not want to face him later.

"I don't know Ethan Hawke. Ethan Hawke wanted to do some kind of superficial Rolling Stone article. And he did everything he could to make his story the greatest story ever in Rolling Stone," Keith said. "And it was a fictitious (expletive) lie. OK?

"He didn't even call me by my name ... He didn't want to (expletive) deal with the aftermath."

In the story, Hawke claimed he witnessed the confrontation backstage at Nelson's tribute concert for his 70th birthday at the Beacon Theatre in New York. The article does not name Keith but says it was a country singer who "had a monster hit about bombing America's enemies back into the stone age." In 2002, Keith had the song Courtesy of the Red, White & Blue (The Angry American) that threatened retribution for the 9/11 attacks.

Hawke said the argument began with the "Star" telling Kristofferson: "None of that lefty (expletive) out there tonight, Kris."

Hawke said Kristofferson then angrily confronted and asked him if he had ever served in the military.

"Have you ever killed another man? Huh? Have you ever taken another man's life and then cashed the check your country gave you for doing it? No, you have not, so shut the (expletive) up," Hawke recounted Kristofferson as saying.

Rolling Stone spokeswoman said that the magazine fully stands by the story and Hawke's reporting.

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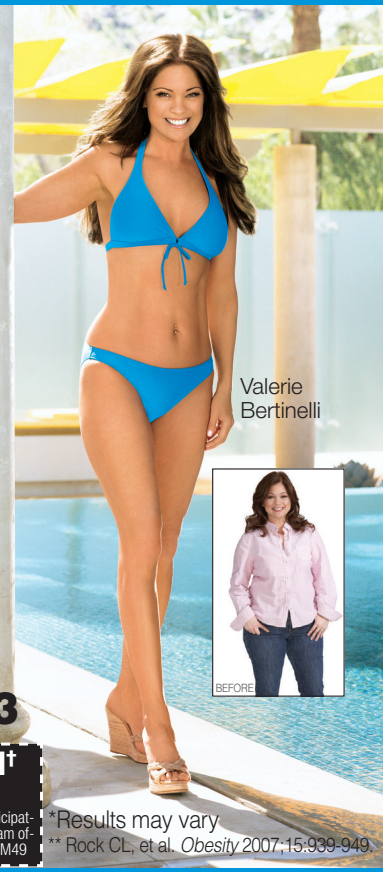

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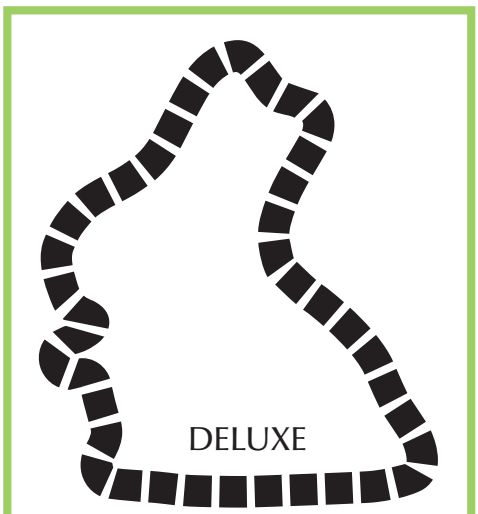

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Megan and Brian back on?
Actors Megan Fox and Brian Austin Green have fuelled rumours of reconciliation after they were spotted looking for apartments in Santa Monica. FEMALEFIRST.CO.UK

From music to modelling

Idol Clay Aiken to judge Next Top Models

Performer Clay Aiken says he thinks his American Idol experience helped contestants appreciate his comments when he was a judge in an episode of America's Next Top Model due to be aired tonight.

"It was interesting to be on the other side of the table and think of all these things that I went through in 2003," Aiken said, referring to the year he finished second to Ruben Studdard during the second season of Fox's hit reality show.

"I think the girls kind of appreciated that, the fact that I had been in a similar position," Aiken, 30, said in the Friday interview. "I was going to be a judge, yes, but be a judge who understood a little bit about what they're going through."

Aiken's stint as a judge and performing opposite the contestants in an acting scene airing on the CW Network. He said he was selected to judge acting because of his time in Monty Python's Spamalot on Broadway and because the competition focused on stage acting.

It also didn't hurt that the show's host and creator, Tyra Banks, has been a friend since Aiken appeared on her talk show in 2006.

Aiken appears with the contestants in a quick scene designed "to show their ability to act in a large and comedic way," he said. "A lot of the struggle for these contestants is to be able to come out of their shells."

He doesn't know who won the season, although he does know who gets voted off Wednesday. One clue is that the women who stay are "the people who are willing to be themselves and not worry," he said.

Aiken, who was famously remade during his time on Idol, said he was out of his element for the fashion part of ANTM.

"I'm wearing a UNICEF T-shirt and University of Tennessee pyjama pants," he said. "I can't judge that."

THE ASSOCIATED PRESS

ROB LOUD/GETTY IMAGES
Clay Aiken, seen here with America's Next Top Model host Tyra Banks, will be a guest judge on an episode airing tonight.

"I'm wearing a UNICEF T-shirt and University of Tennessee pyjama pants. I can't judge that."
Clay Aiken

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 4/8/09	265	353	2 TVO	Lemur Street	Lemur Street	The Agenda With Steve Paikin		The Last Enemy (N)		The View From Here		
	211	331	3 GTV	ET Canada	Entertainment	Lie to Me (HDTV) (N)		Holmes in New Orleans		(10:02) The Unusuals		News
	215	343	4 OMN1	2Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6 CBC	Coronation St.	Jeopardy! (N)	Just for Laughs 25th Anniversary				CBC News: The National		The Hour
	214	344	7 CITY	Law & Order: SVU		Scrubs	Friends	Nip/Tuck "Budi Sabri"		Murdoch Mysteries (HDTV) (N)		News (N)
	212	313	8 CTV	etalk	Hollywood	Criminal Minds (N)		American Idol		CSI: NY "Prey" (N)		News (N)
	218	345	11 E!	The Insider (N)	E! News	Knight Rider		Janice Dickinson Modeling		Running-Heels	Women on Top	News (N)
	137	763	13 TFO	Panorama		Destination Nor'Ouest (SC)		*A la verticale de l'été* ★★ (2001, Drame) Tran Nu Yên-Khê.				Gènes
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	213	326	15 SUN	Scrubs	George Lopez	*Presumed Dead* (2005, Suspense) Sherilyn Fenn.				To Serve and Protect		Becker
	-	387	16 CBS	Inside Edition	Hollywood	Old Christine	Gary Unmarr	Criminal Minds (N)		CSI: NY "Prey" (N)		News (N)
	-	385	17 NBC	The Insider (N)	Entertainment	Law & Order (HDTV)		Life (N)		Law & Order "Sweetie"		News (N)
	-	386	18 ABC	Wheel-Fortune	Jeopardy! (N)	Scrubs	Better Off Ted	Lost "Dead Is Dead" (N)		(10:02) The Unusuals		News (N)
	219	346	20 ACH-B	Instant Star	TMZ (N)	America's Next Top Model (N)		Lost "Dead Is Dead" (N)		Law & Order "Sweetie"		News (N)
	-	-	28 FOX	Judge Judy (N)	Two/Half Men	Lie to Me (HDTV) (N)		American Idol		Seinfeld	Two/Half Men	The Simpsons
	-	388	61 PBS	News-Lehrer	Mulberry	Nova The Old Testament and how the concept of one God emerged. (DVS)						Business Rpt.
	297	652	330 WPX	Two/Half Men	Family Guy	America's Next Top Model (N)		America's Next Top Model (N)		PIX News at Ten Tong.		Two/Half Men
	296	654	331 SBK	Wheel-Fortune	Jeopardy! (N)	Dr. Phil (HDTV)		WBZ News (N)	What's-Store	Frasier	Frasier	Punk'd
	298	653	332 TLA	Jamie Foxx	Wayans Bros.	My Wife-Kids	According-Jim	Friends	KTLA News	Two/Half Men	Two/Half Men	Next Model
news	502	390	26 NW	CBC News	Newman	The Hour		CBC News: The National		Jelly Fish Invasion		National
	500	500	33 CNN	Lou Dobbs Tonight		Campbell Brown: No Bias		Larry King Live (N)		Anderson Cooper 360 (HDTV)		
	509	504	79 CNB	Kudlow Report		CNBC Reports (HDTV)		American Greed ID thieves.		On the Money		Mad Money
sports	405	417	22 net	MLB Baseball Detroit Tigers at Toronto Blue Jays. From Rogers Centre in Toronto.						Sportsnet Connected		Hockey Central
	400	400	30 TSN	Golf: Masters		NHL Hockey Buffalo Sabres at Toronto Maple Leafs. (HDTV) (Live)				SportsCentre (HDTV) (Live)		
	411	457	58 OLN	Bounty Hunter	Bounty Hunter	Departures		Mantracker	Mantracker	Bounty Hunter	Bounty Hunter	Departures
	417	406	81 SC	Pimp My Ride	Pass Time	Amer. Thunder	Pinks Outtakes	Pinks (HDTV)	Drag Race	Drag Race	Wrecked	Pimp My Ride
family	551	542	25 YTV	In Real Life (N)	Prank Patrol	Malcolm-Mid.	Futurama	Karaoke Star Junior		Falcon Beach		Mystery Hnt.
	554	544	45 TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Robot Chicken	Father of Pride	Moral Orel
	556	540	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27 W	Will & Grace	Friends	Grocery Bag	Grocery Bag	Supersize vs. Superskinny		Stuck (N)	Maxed Out (N)	Maxed Out
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	615	520	31 A&E	CSI: Miami "Kill Switch"		Bounty Hunter	Bounty Hunter	Dog the Bounty Hunter		Bounty Hunter	Exterminators	Exterminators
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	571	581	36 MMM	The Daily Fix		Ranked!		Gimme Sugar	Gimme Sugar	Entourage	Gene Simmons	The Daily Fix
	575	583	38 CMT	CMT's Greatest		Home Improve.	Home Improve.	Reba	Reba	Hope & Faith	Hope & Faith	Totally "2000"
	616	521	39 SHO	The Outer Limits		Cashing In	About a Girl	G-Spot	Cock'd Gunns	The Starter Wife		House
	620	523	40 BVO	The Achievers	Landscape	Arts & Minds	Bravo!Videos	Wingfield	Wingfield	Death at-Opera	Broadway	Law & Order
	601	562	41 SLC	Skin Deep	Til Debt-Part	Chop Shop	End of Leash	End of Leash	End of Leash	End of Leash	End of Leash	ET Canada
	522	506	43 HIS	NCIS "Trojan Horse"		Outlaw Bikers		Ice Road Truckers		NCIS "Trojan Horse"		Sea Hunters
	625	548	44 COM	Air Farce	Just for Laughs		Corner Gas	The Simpsons	South Park	Jon Dore Show	Demetri Martin	Daily Show
	600	564	46 H&G	House Hunters	Property Virgin	Big City Broker	The Stagers	Unsellable	Hid Potential	House Hunters	House Hunters	Holmes-Homes
	294	529	47 TBS	House-Payne	House-Payne	*The Matrix* ★★★ (1999, Science Fiction) Keanu Reeves.					Seinfeld	Family Guy
	576	582	49 BET	106 & Park: BET's Top 10 Live		*ATL* ★★ (2006, Comedy-Drama) Tip "T.I." Harris, Lauren London.					College Hill	*Fresh*
	627	528	50 SPC	Stargate Atlantis (DVS)		Star Trek: Voyager		Primeval		Stormworld (N)	Grand Star	Stargate SG-1
	581	566	52 MTV	Mom & Dad	After	MTV News	Cribs	The Hills	The Hills	Real World-Road Rules		MTV Live
	618	524	54 TROP	Vanity Insanity	Ad Persuasion	Ad Persuasion	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	603	561	56 FOOD	Chef at Home	Fresh-Anna	Diner, Drive-In	Diner, Drive-In	Iron Chef America		Ultimate Recipe Showdown		Opening Soon
	261	394	60 V	Murder, She Wrote		Summer Wine	Foot in Grave	*The Robe* ★★★ (1953, Historical Drama) Richard Burton, Jean Simmons.				
	621	527	63 STR	The Ellen DeGeneres Show		TMZ (N)	etalk	Blush: Make-Up Artist		The Tonight Show-Jay Leno		TMZ
	553	546	65 TRE	Backyardigans	Nght Grdn	Max & Ruby	Franklin	Little Bear	Bucket-Dinos	Comfy Couch	Big & Small	Max & Ruby
	115	711	101 TVA	Poule-oeufs or	Star Académie:	Destinées "Territoires" (SC)		Dommages et intérêts (SC)		TVA 22 heures	(10:45) Denis Lévesque	
	126	730	102 RDI	24 Heures en 60 minutes		Grands reportages (SC)		Le Téléjournal (SC)		RDI en direct	Le National	Le Téléjournal
	526	507	249 VIVA	Judging Amy		Medium		Medium		Mediums	Psychic Detect	Mediums
	300	601	301 M1	*Last Hit Man*	*Citizen Duane* ★ (2006, Comedy-Drama)			*Iron Man* ★★★ (2008, Action) Robert Downey Jr..				*Chapter 27*
	305	612	306 PIX	(7:10) *The Pathfinder* ★★ (1996, Historical Drama)				*Blood Simple* ★★★ (1984, Crime Drama)			(10:40) *Last Night*	

critics'corner

Just for Laughs 25th Anniversary
Over the past 25 years, the Montreal International Comedy Festival has welcomed some of comedy's biggest names and rising stars. This silver anniversary salute counts down the 25 most memorable performances from the festival as voted on by fans at CBC's Web site. Jerry Seinfeld, Russell Peters, Dave Chappelle and Jon Stewart are among those you can expect to see. 8 PM on CBC

Outlaw Bikers
They prefer the distinction "motorcycle club," not "gang," thank you very much. This series, starting its third season, uses stock footage, dramatic re-creations, and interviews with bikers and police officers to give viewers a peek inside these organizations. This season focuses on three notorious groups: the Bandidos, Outlaws and Warlocks. 1 PM on HIS

In brief

CONCERT Phish announced a May 31 concert at Fenway Park, the world's oldest baseball park that is home to the Boston Red Sox. The concert is one of a handful the Vermont-based jamband added to its summer tour. Phish reunited last month in Hampton, Va., after nearly five years off.

AWARD NBC anchorman Brian Williams has been named this year's recipient of the Walter Cronkite Award, presented annually by the Arizona State University's Walter Cronkite School of Journalism to a media figure for excellence in journalism.

ANNIVERSARY The Apollo turns 75 this year, and to celebrat, the legendary Harlem theatre is inducting Quincy Jones and Patti LaBelle into its Hall of Fame, as well as present an arts and humanitarian award to Bill Cosby and his wife, Camille, at the June 8 anniversary gala benefit concert. Performers will include Jamie Foxx and Mariah Carey.

THE ASSOCIATED PRESS

Kenya's Style

Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

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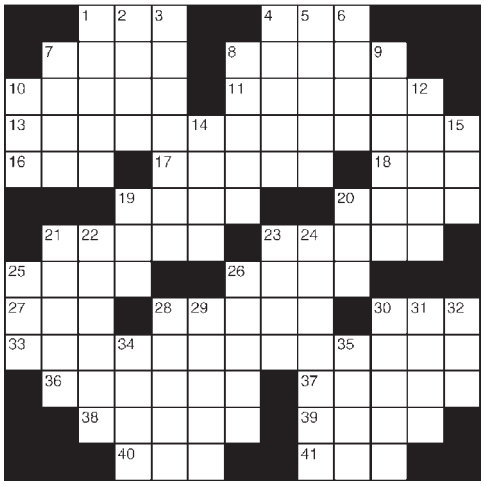
Take Five



Crossword across

1 Roman "Aloha"
4 Scrooge's outcry
7 Pinnacle
8 Regional
10 Rx, for short
11 French painter
13 With 33-Across, aphorism
16 Lair
17 Neckwear of a sort
18 Aye undoer
19 Son, on the Seine
20 Tour de France need
21 "Goosebumps" author
23 Home
25 Moby's pursuer
26 Suitable
27 Supporting
28 Flight component
30 Irate
33 See 13-Across
36 Asian capital
37 Throwing game ring
38 Jockey's handful
39 — Major
40 Pop
41 — out a living

Crossword down

1 Chef's garb
2 Bridal cover
3 Clarify
4 Drum type
5 Uneasiness
6 Rodgers collaborator
7 Farm fraction
8 Galvanizing agents
9 Nikita's successor
10 Despondent
12 Cobra or copperhead
14 Capri, e.g.
15 Storm center
19 Teensy tale
20 Tarzan's son
21 Piglet
22 Toothpaste target
23 Related (to)
24 Embellished style
25 Kabul's land (Abbr.)
26 Refuge
28 Old photo tint
29 Pollster's find
30 Deer kin
31 Largest of the seven
32 "Spring ahead" hrs.
34 Wasted no time
35 Gloom

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

7		6		3	2			4
	2		8					7
	4		5				3	
5							2	
		1	3		4	6		
	3							5
	9				6		8	
1					3		9	
8			7	9		4		

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

8	3	6	4	2	9	1	7	5
7	9	5	8	1	3	6	4	2
1	2	4	7	6	5	3	8	9
9	8	1	6	3	7	2	5	4
6	5	2	1	9	4	7	3	8
3	4	7	2	5	8	9	1	6
5	1	3	9	8	6	4	2	7
4	6	8	3	7	2	5	9	1
2	7	9	5	4	1	8	6	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Beef Bean Chili

INGREDIENTS:

1 small red pepper
1 small, fresh red chili pepper
1 medium onion
2 tbsp (25 ml) canola oil
1 lb (500 g) extra-lean ground beef
1 tbsp (15 ml) paprika
1 tbsp (15 ml) ground cumin
3 cloves garlic
1 can (19 oz/540 mL) chopped tomatoes
2 tsp (10 ml) tomato paste
1 tsp (5 ml) dried oregano
1/2 cup (125 ml) red wine, or beef stock
Salt
1/2 tsp (2 ml) sugar
2 scallions
1 can (19 oz/540 ml) kidney beans
8 soft flour tortillas
4 tbsp (60 ml) sour cream

METHOD:

1. Rinse, dry, deseed and chop pepper and chili pepper. Set chili pepper aside. Peel and chop onion.
2. Heat oil in large, flameproof casserole pan or braising pan and fry pepper, onion, beef, paprika and cumin over moderate heat. Stir constantly, until meat browns.
3. Peel and crush garlic. Add to the casserole pan with chili, canned tomatoes and their juice, tomato paste, oregano, wine or stock, salt and sugar. Bring to boil, reduce heat, cover, and simmer 15 minutes.
4. Rinse, dry, and chop scallions; set aside. Preheat broiler to high to warm tortillas.
5. When beef chili has been cooking for 15 minutes, drain and rinse kidney beans, stir into the casserole pan and cook 5 minutes. Heat tortillas under broiler.
6. Transfer chili to four serving dishes, then add a 1 tbsp (15 ml) sour cream to each, sprinkle scallions over top, and serve with tortillas.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Something inspiring occurs in a danger zone. A lost person takes pleasure in your company. Listening to an authority is more enjoyable.

TAURUS ♉
APRIL 21-MAY 21
A daydream is a brief pleasure trip. Someone won't agree to a change. Make a plan to satisfy an appealing woman.

GEMINI ♊
MAY 22-JUNE 21
An imperfect man's easy-going approach works the best. Someone needs to be referred to a specialist. Learn to be patient during hard times.

CANCER ♋
JUNE 22-JULY 22
There aren't too many people giving you advice. A medical issue leads to a quick solution. Someone is sorry about their missed chances.

LEO ♌
JULY 23-AUG 23
Do the right thing when a girl says no. A soft-hearted person is fun to watch. Treat yourself to one of your favourite things.

VIRGO ♍
AUG 24-SEPT 22
You want more time with someone. Moody people can't stop dancing around a problem. An opportunity is beneath you.

LIBRA ♎
SEPT 23-OCT 23
Avoid making late phone calls. Someone helps you to make your life change. You won't believe sympathetic remarks.

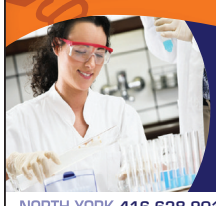
SCORPIO ♏
OCT 24-NOV 22
Being impulsive can do wonders for your health. An enthusiastic guy will smile at you. A man changes the pace of a romance.

SAGITTARIUS ♐
NOV 23-DEC 21
Spend time pleasing the people who love you. You're not sure of what you want. An insensitive woman grants a favour.

CAPRICORN ♑
DEC 22-JAN 20
You need to get more sleep. Somebody doesn't want to be a hero anymore. A sweetheart comes up with a solution.

AQUARIUS ♒
JAN 21-FEB 18
Keep an open mind with a special friend. An idea is strictly for fun. Don't discuss finances with a stubborn person.

PISCES ♓
FEB 19-MARCH 20
Other people are stressed out over money. A romantic prospect demands more attention. Listen to your heart for greater understanding.

MEDICAL & GENERAL LAB ASSISTANT

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Second girl for Penelope

Actress Penelope Ann Miller and her husband, James Huggins, have welcomed their second child, Maria Adela Huggins. The girl, born March 23 in Los Angeles, joins big sister Eloisa May, who is eight, according to the actress' manager. PEOPLE.COM

Celebrity Buzz

igen! Talkin' bout the birds and bees not awkward for Zac

PEOPLE Zac Efron says parents must be "passionate" about sex, female-first.co.uk reports.

The High School Musical actor — who is dating his co-star Vanessa Hudgens — says it is important for adults to be enthusiastic when discussing sex and contraception with their children.

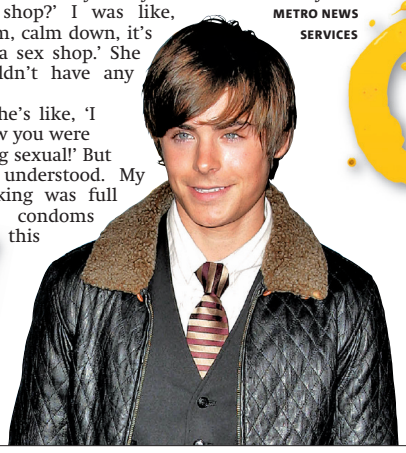
Speaking about his talk with his father David Efron, Zac said: "I just feel like my dad, at one point, had that conversation with me and my little brother, and always delivered it very well. He was very passionate about it."

The 21-year-old hunk recently admitted his mother Starla is not quite so relaxed about addressing his sex life and was upset when she saw a photograph of him and Hudgens apparently leaving a sex toy shop.

He explained: "My mom is like, 'Zac, what did you buy in a sex shop?' I was like, 'Mom, calm down, it's not a sex shop.' She wouldn't have any of it.

"She's like, 'I knew you were being sexual!' But she understood. My stocking was full of condoms this Christmas. She buys me the economy box."

METRO NEWS SERVICES



Kate the cook

CAREER Supermodel Kate Moss is picking up a new career: Cookbook author.

According to the Daily Mirror, Moss is coming out with a book of her own takes on popular recipes.

She reportedly got the idea from her good friend, Stasha Palos, who has also written her own cookbook.

"Kate recently cooked (her boyfriend) Jamie a slap-up Jewish meal following kosher techniques from Stasha," a source tells the newspaper. "She loves her easy-to-follow recipes. It's all she's been talking about."

METRO WORLD NEWS

Angie not eating?

RUMOUR While shooting her latest film, Salt, in New York, Angelina Jolie reportedly collapsed and had to seek medical attention, according to Britain's Now Magazine.

Sources claim that the trouble stems from the fact that Jolie hasn't been eating properly and working overtime.

"She collapsed between takes, complaining of shortness of breath and dizzy spells. She never eats properly when she's upset," a source tells the magazine. "Food is the last thing on her mind. She'll ignore breakfast, pick at lunch and skip dinner."

METRO WORLD NEWS

Kal goes to D.C.

CAREER Kal Penn is trading in being a TV doctor for a job at the White House, according to Entertainment Weekly.

"Yes. I was incredibly honoured a couple of months ago to get the opportunity to go work in the White House. I got to know the president and some of the staff during the campaign and had expressed interest in working there, so I'm going to be the associate director in the White House office of public liaison," he told the magazine.

The actor, who starred in Harold and Kumar go to White Castle, described his department: "They do outreach with the American public and with different organizations. They're basically the front door of the White House. They take out all of the red tape that falls between the general public and the White House."

METRO NEWS SERVICES

Lauren's last takes

PEOPLE Lauren Conrad recently celebrated her last day of filming for her MTV reality show, The Hills, to which she will not be returning.

But the folks behind the show wanted to make sure they had enough material of her going forward, so they got creative, according to Gatecrasher.

"The producers would make Lauren react to a lot of potential scenarios, because they're not yet sure how the finale will play out with the other characters," says a source.

"They would literally give her directions like, 'Now react to Stephanie Pratt being pregnant!' Lauren would just giggle and go for it. She also had to pretend to react to a fake story line about Audrina and Brody hooking up."

METRO WORLD NEWS

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Tori tries out kids' fashion

Tori Spelling is reportedly planning to design a range of clothing for children. The actress says that her two children inspired her forthcoming Little Maven range, which has long been a dream of hers, femalefirst.co.uk reports. METRO NEWS SERVICES

Celebrity Buzz

Amy up to usual antics

PEOPLE Back at her Caribbean retreat on St. Lucia for barely a week, and Amy Winehouse is already up to her usual antics.

The troubled singer reportedly shocked fellow resort guests by streaking half-naked through a kid-packed pool area after being told she couldn't hang out on the beach topless, according to the Daily Mail.

"Everyone was shocked," said an onlooker. "One minute Amy was relaxing with friends on the beach and the next she was running around half-naked."

METRO WORLD NEWS

LiLo and Sam over

BREAKUP After countless rumours and Twitter and MySpace updates, Lindsay Lohan finally made her split from Samantha Ronson official.

"We are taking a brief break so I can focus on myself," Lohan told E! News.

Ronson seems to be taking the split in stride. On her MySpace page, her current mood is listed as "happy."

"Is (Lohan) upset? Yes. Has it been a rough week? Yes," a source close to Lohan told people.com. "But her family's around her and she's just focusing on business right now."

While a source says Ronson's family is hoping the split will be for good, those in Lohan's camp want the actress to focus on herself for a bit.

"The important thing is that she's taking space and time to breathe," the source added to the magazine. "That's what her family is here to do — help make sure she takes care of herself."

Meanwhile, Us Weekly reports that the DJ's family is taking things a bit more seriously, going so far as to seek a restraining order against Lohan.

METRO WORLD NEWS

GETTY IMAGES

Gisele's dress

RUMOUR When Gisele Bündchen and Tom Brady, wed last Saturday for a second time at her home in Costa Rica, they kept everything about the event — including the details of her dress — guarded.

But representatives for designer John Galliano, who created the ultra-exclusive gown, confirmed to people.com that Galliano did in fact design it, and that Bündchen chose "a white silk satin bias cut long gown with spaghetti straps and train, with scalloped seamed details around the hip" and a "white silk tulle veil ... six feet long with white lace sewn by hand."

METRO NEWS SERVICES

Brit heads down under?

CAREER Britney Spears' tour may be heading south. Way south, eonline.com reports. Attorneys representing the popster and father Jamie's conservatorship discussed in court yesterday the possibility of taking Spears' Circus tour to Australia.

Nothing was decided at the hearing pertaining to the conservatorship, which has been in place since Feb. 1, 2008, and was extended indefinitely in December. Another court date has been set for April 14.

The Circus Starring Britney Spears made a stop in Edmonton on Monday night, after which the extravaganza hits Vancouver before heading south along the West Coast, then to the U.K.

METRO NEWS SERVICES

Robert's daring audition falls flat

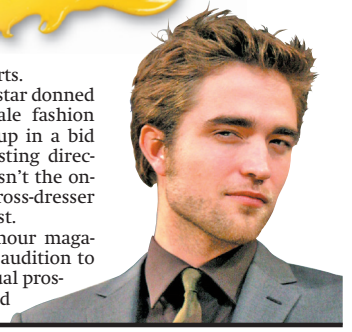
CAREER Robert Pattinson once dressed in women's clothing to audition for a role as a transsexual — but was stunned to see a room full of hopefuls had the same idea, femalefirst.co.uk reports.

The Twilight star donned the latest female fashion and full make-up in a bid to win over casting directors, but he wasn't the only wannabe cross-dresser at the screen test.

He tells Glamour magazine, "I had an audition to play a transsexual prostitute and thought I'd be the only person going for it, so I went out of my way and put loads of make-up and women's clothing on.

"When I walked into the audition and saw all these guys sitting with there in bad drag, it was the most ridiculous thing ever."

METRO NEWS SERVICES



Madonna and Guy play nice after adoption fails

PEOPLE As Madonna struggles with her failed attempt at adopting another child, four-year-old Mercy James from Malawi, she has found one source of moral support: Ex-husband Guy Ritchie.

The director reportedly met Madonna and their children at the airport when they returned from Malawi.

As the plane touched down, he ran up the steps to greet the kids, with adopted son David Banda running into his arms for a hug, reports Britain's Daily Mail.

METRO WORLD NEWS

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